

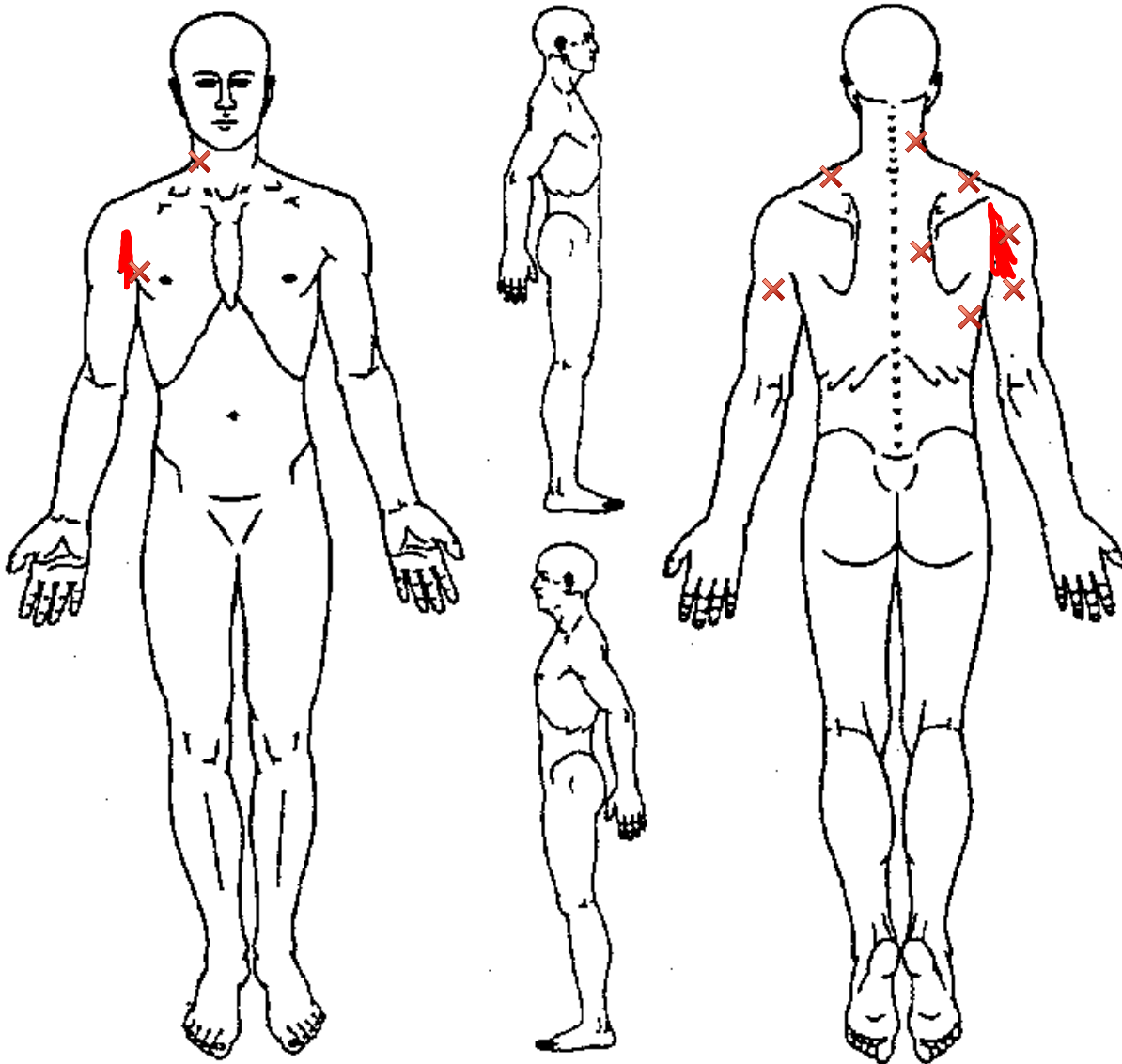
16/5/23

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## PAIN DIAGRAM

**On the diagrams below mark where you are experiencing pain, right now. Use the letters below to indicate the type and location of your sensations.**

**Key:** A – ACHE      B – BURNING      N – NUMBNESS  
P – PINS & NEEDLES      S – STABBING      O – OTHER



## PAIN SCALE

Rate the severity of your pain by checking one box on the following scale.

| No Pain |   |   |   |   |   | Worst Possible Pain |   |   |   |    |
|---------|---|---|---|---|---|---------------------|---|---|---|----|
| 0       | 1 | 2 | 3 | 4 | 5 | 6                   | 7 | 8 | 9 | 10 |