

All notes

With Practitioner: Mr Dane Tiffin

Medical Warning

B sh issues, Rotator cuff tears
15 year ago, B supraspinatus surgery reattachment (2008)

Reminders/Notifications

Referred by Megan Murray
Retired PE teacher

Mr Dane Tiffin - Launceston
Fri, 7 Jul 2023 2:45 pm

1/2 HR Remedial Massage Treatment

Patients Presenting Issues:

Had prototherapy into B sh, Sh are sore, chest/sh soreness from posture, tx,cx t

Assessment Findings:

Confirmed presenting

Treatment:

DT/POS release with cf techniques in prone BNS release, tx,cx focus, anterior delts/biceps release, chest/sh, subscap release, anterior neck release

Post Treatment:

Released well, improved, ROM improved again, pain decreased

Notes/Extras/Advice

Go home and do corrective exercises from physio, the treatment provides a good window of opportunity to gain strength and stability in the right areas from the tight/dysfunctional areas being released

Mr Dane Tiffin - Launceston
Fri, 23 Jun 2023 3:15 pm

1/2 HR Remedial Massage Treatment

Patients Presenting Issues:

Had prototherapy into B sh, Sh are sore, chest/sh soreness from posture, tx,cx t

Assessment Findings:

Confirmed presenting

Treatment:

DT/POS release with cf techniques in prone BNS release, tx,cx focus, anterior delts/biceps release, chest/sh, subscap release, anterior neck release

Post Treatment:

Released well, improved, ROM improved again

Notes/Extras/Advice

Mr Dane Tiffin - Kings Meadows
Thu, 25 May 2023 9:15 am

1/2 HR Remedial Massage Treatment

Patients Presenting Issues:

B sh issues, LHS moreso recently, Biceps tendon mainly, Neck tightness, Has been seeing physio, doing exercises with some success, RHS sh chronic issues

Assessment Findings:

Confirmed presenting, RHS chronic sh problem, possible RHS supraspinatus rupture, (No pain associated), LHS Biceps tendon Acute pain

Treatment:

DT/POS release with cf techniques in prone BNS release, tx,cx focus, anterior delts/biceps release, chest/sh, subscap release, anterior neck release

Post Treatment:

Released well, improved, ROM improved again

Notes/Extras/Advice

Andre ernest? treatments for glucose into sh joints, starting 7/6/23 fortnightly, go home and do physio exercises post treatment

Mr Dane Tiffin - Launceston
Fri, 5 May 2023 2:45 pm

1/2 HR Remedial Massage Treatment

Patients Presenting Issues:

Initial - B sh issues, LHS moreso recently, Biceps tendon mainly, Neck tightness, Has been seeing physio, with some success, RHS sh chronic issues

Assessment Findings:

Confirmed presenting, RHS chronic sh problem, possible RHS supraspinatus rupture, (No pain associated), LHS Biceps tendon Acute pain

Treatment:

DT/POS release with cf techniques in prone full BNS release, anterior delts/biceps release, chest/sh, subscap release, anterior neck release

Post Treatment:

Released well, improved, ROM improved

Notes/Extras/Advice

Physio exercises don't exceed 4/10 pain,
