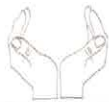


Alicia Graham.



Body Balance Wellness & Massage

Remedial Therapeutic Trigger Point Therapy Myofascial Release Pregnancy Massage

Date: 8/8/12

Number of weeks pregnant at present: 36 wks Approx due date: 4/9/12

Are you having support people at your birth? Yes

Is this your first pregnancy? Yes / No (if no, how many children do you have?) 3

Medical History

Do you have or have you had:

High Blood Pressure Yes / No

Low blood Pressure Yes / No

Burning Urination Yes / No

Blurring vision or spots Yes / No

Heavy bleeding, cramps or abdominal pain Yes / No

Varicose veins, vulva varicosities, Yes / No
hemorrhoids

Swelling in: ankles/feet legs hands/arms face

Severe or persistent headaches Yes / No

Severe low back pain Yes / No

Sacro-iliac pain Yes / No

Sciatica Yes / No

Pubic Symphysis pain Yes / No

Leg cramps Yes / No

Sugar in urine Yes / No

Tenderness or heat in legs: Yes / No

Do you have any other current discomfort or pain? No

Are you receiving medical treatment at present? No

Are you exercising during your pregnancy? Not really.

What would you like from your massage today?

I Alicia Graham have read the above information and agree it to be correct. I am not aware of any condition, medical or otherwise that would contra-indicate receiving massage during my pregnancy.

Signed: [Signature] Date: 8/8/12