

## ALLEN CHONG

MBBS (UNSW), FRACS (Orth.)  
Orthopaedic Surgeon  
Allen Chong Pty Ltd  
ABN 12 092 201 682

Special Interests:  
Shoulder & Knee Surgery  
Total Hip Replacement



Bunbury  
Orthopaedic &  
Sports  
Surgery

COPY

Friday, 10 November 2023

Dr Paul GRIFFITHS  
Southern Forests Medical Centre  
PO Box 1330  
MANJIMUP WA 6258

Dear Paul

RE: Karen BRADBURY - (DOB: 25/04/1959) - Our Ref: 14655  
7 Doust Street MANJIMUP WA 6258  
Ph: 0429 958 955

### Diagnosis:

Two weeks post left shoulder arthroscopy, subacromial decompression, excision of calcific tendonitis and rotator cuff repair.

### Management Plan:

1. Continue passive movement and continue in abduction sling until physiotherapy appointment, on 28<sup>th</sup> of November 2023.
2. Review in new year to progress rehabilitation.

It was lovely catching up with Karen today with Mr Allen Chong. Karen is now two weeks post her left shoulder arthroscopy, subacromial decompression, excision of calcific tendonitis and rotator cuff repair. The procedure was explained to her, and we have noted that she had a rather large area of calcific tendonitis over her supraspinatus. This was debrided, and the residual defect was repaired in a double row fashion. She is tolerating her abduction sling reasonably well all things considered, and is compliant with her gentle passive range of motion exercises. We will commence active range of motion at the four week mark and she already has an appointment with her physiotherapist.

Overall we are happy with Karen's progress and we will aim to catch up with her sometime in the new year to progress her rehabilitation. We thank you for your ongoing care of this patient.

Kind regards

(dictated but not sighted or signed by)

**Dr Michelle Soo**  
(Orthopaedic Registrar to)  
**MR ALLEN CHONG**

cc: Rebel Ward, Southern Forest Physiotherapy, Shop 3, 5 Pritchard St, Manjimup WA 6258

Unit 3, 138 Spencer Street, Bunbury, WA 6230  
PO Box 2451, Bunbury, WA 6231  
Telephone: (61 8) 9791 7744