Tarrengower Remedial Massage

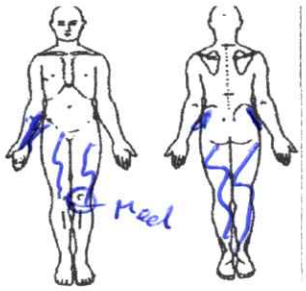
CLIENT RECORD: Follow-up Consultation

Last Name: GLEESON First Name: FIRTAN Date 10/9/22

Area Being Treated ~~Legs/ Lx~~, fore arm Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'veISQ): +ive



(L) Medial Knee
easier with KLT

Client consent for treatment

Please sign [signature] Date 10/9/22

OBJECTIVE EXAMINATION:

Observation:
suspect Pes anserinus bursa. Refer if no better next week

Palpatory **Assessment:**

Treatment:
MFTI TLF, Glute Med, H/S, Calves, Rec fem, (R) forearm flexors
DIP MTP - Glute Med,

Reassessment & Postural **Improvements:**
P Hip Flex L 125° R(Spring)
R 125° R(Spring)

Motion tests (Active, Passive, Resisted, Special Tests):
PKB L 4 fingers R(Spring)
R 4 fingers R(Spring)

Hip Flex R 120° R(Spring)
L 120° R(Spring)

Trendellenberg L -'ve
R +'ve

Advice & Corrective Exercises:
Clamshells for Glute Med
Medium/Ultra reverse glutes.
Quad Stretch
Calf raises

Next Treatment/Management Plan: 2 weeks
- Shldr ext rotn & adduct.