

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: GLEESON First Name: FRAN

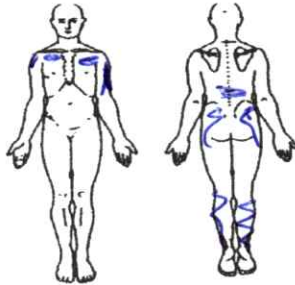
Date 22/10/22

Area Being Treated @ Side

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y  
If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve/SQ): +ve



@ calf  
@ Achilles  
@ Hip Flex  
@ Glute

### Client consent for treatment

Please sign

[Signature]

Date 22/10/22

### OBJECTIVE EXAMINATION:

|                                                                                                               |                                                                                                                          |
|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| Observation:<br><u>R Achilles ROM --</u><br><u>→ Seeing Physio</u>                                            | Motion tests (Active, Passive, Resisted, Special Tests):                                                                 |
| Palpatory Assessment:                                                                                         |                                                                                                                          |
| Treatment:<br><u>MFTT TLF, QL, Glute Med</u><br><u>Glute Max, H/S, Calves</u><br><u>DIP MT to P Glute Med</u> | Advice & Corrective Exercises:<br><u>Seeing Physio in C'Maine</u><br><u>→ recommended calf lift</u><br><u>&amp; hold</u> |
| Reassessment & Postural Improvements:                                                                         |                                                                                                                          |

Next Treatment/Management Plan: Acns @ Rec Minor & Biceps Long  
next Saturday (booked)