

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: GLEESON First Name: FRAZ

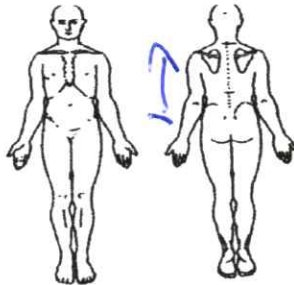
Date 5/5/23

Area Being Treated Tx / Wrist

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N
If yes _____

Response to previous treatment (+ve, -ve ISQ): None



Tx - Between Scaps
→ R
Feels sore
longissimus
① Arm → round

Client consent for treatment

Please sign _____

Date _____

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Wrist Flex L 80° PB</u> <u>R 80° PB</u> <u>Wrist Ext L 80° PB</u> <u>R 80° PB</u>
Palpatory Assessment:	
Treatment: <u>MFR the costals, longissimus</u> <u>Semi spandis, HK, gastroc</u> <u>ECRL, EC RB, FCR, FCUB</u>	Advice & Corrective Exercises: <u>Elbow Stretches</u> <u>- Exercises Per plane</u>
Reassessment & Postural Improvements: <u>Wrist ext Flex L 85° PB</u> <u>R 85° PB</u> <u>Wrist ext L 85° PB</u> <u>R 85° PB</u>	

Next Treatment/Management Plan: Book in when back from holiday