

INITIAL AND REASSESSMENT FORM

Name: Emma Robins

Date: 8-2-24

Gateway Assessments

Neck Rotate Equal L more R more and %

Neck Lat Bend Equal L more R more and %

Breath Normal/Decreased %

Lat Bend Balanced L Higher R Higher

pelvis height L higher R higher

forward bend L higher R higher

Heal to toe steps? Number: 3

Palpation



Postural Assessments

Pause

Forward Position of Head Yes No

Ears level with shoulders? Yes L higher. R higher

Passion

Shoulders level? Yes L higher. R higher

Ears level? Yes L higher R higher

Hump Cerv/thoracic Junction Yes No

Centre

Thoracic Curve Balanced More. Less

Scoliosis present? Yes No

Increased Thoracic Kyphosis? Yes No

Power

Lumbar Curve Balanced More. Less

Foundation

Pelvis Height Yes No

Base

Is Tailbone Tucked? Yes No

Leg Length and Tension

Short leg? Yes No L R

Head turn does it equal? Yes (Pause STOP) No - Next

Is it equal? Yes - blockage foundation

Access P



× Search Copy text Listen Crop

Share

Edit

Lens

Delete