Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

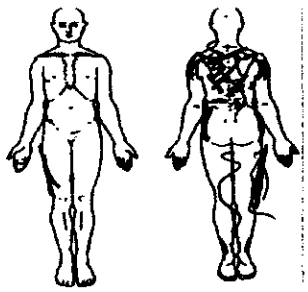
Last Name: PEACE First Name: CATHERINE Date 13/12/22

Area Being Treated CX/TX

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ): +ive



Lat Scap, U/T.
Glute Med.
R ITB? Pop Fossa.

Client consent for treatment

Please sign C Peace Date 13/12/22

OBJECTIVE EXAMINATION:

Observation:
Longissimus pronounced bilat

Palpatory **Assessment:**
Glute Medius Hypertonic
Longissimus Hypertonic
ITB OK. Piriformis Mild Hypertonic

Treatment:
MFR ESQ, Longissimus, Rhomb.
U/T, Lev Scap, Lat Dors.
TLF., Glute Max, H/S Gastroc
DIP MTrP Lev Scap, U/T, Glute Med. PBS Piriformis

Motion tests (Active, Passive, Resisted, Special Tests):

Advice & Corrective Exercises:
CX
Clamshells

Reassessment & Postural **Improvements:**

Next Treatment/Management Plan: ~~Book when healed~~
Booked 3/1/23.