

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: Peace First Name: Catherine

Date 3/1/23

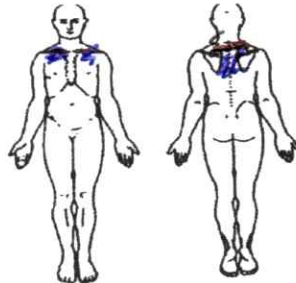
Area Being Treated Cx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y ☒ N

If yes _____

Response to previous treatment (+ve, -ve/ISQ): +ve



Shoulders
- worse on
R biceps Longhead
→ Ant Pelt?
Rhomboids, Pecs

Client consent for treatment

Please sign C. Peace

Date 3/1/23

OBJECTIVE EXAMINATION:

Observation: <u>Shoulders Protracted</u>	Motion tests (Active, Passive, Resisted, Special Tests): <u>Cx Rotn L 65° S @ Post Scap</u> <u>R 60° S @ U/T.</u>
Palpatory Assessment: <u>Trigger Points on Rhom? Lev Scap?</u> <u>③ Pec Minor Hypertonic</u>	<u>Resist. R Shldr 1R ✓✓</u> <u>Hawkins Kennedy -ve</u> <u>Empty Can -ve</u>
Treatment: <u>MFTT, ES, Lev Scap, U/T, Rhomb</u> <u>Pec Min, Pec Maj, biceps</u> <u>long head, Supra</u>	<u>Scap off load Posture</u>
Reassessment & Postural Improvements: <u>Cx Rotn L 85° S @ Post Scap</u> <u>R 80° S @ U/T</u>	Advice & Corrective Exercises: <u>YTW - Stand in doorway</u> <u>ex Lat Stretch</u>

Next Treatment/Management Plan: 3 weeks (booked)