

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: Peace First Name: Catherine

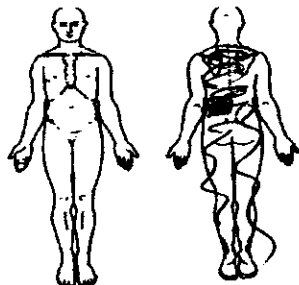
Date 9/11/23

Area Being Treated S/L

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y
If yes _____

Response to previous treatment (+ve, -ve/SQ): +ve



LBP - digging
S/L

Client consent for treatment

Please sign

Peace

Date 9/11/23

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): SLR L 70° S. @ H/S (prop) - R 80° S. @ H/S (prop) HIP FLEX L 125° - (H/PER) R (Spring) R 120° = R (Spring)
Palpatory Assessment:	
Treatment: MFTT - ilio costalis, longissimus, supraspinatus, U/T, Lev Scap, CMed, CMax, H/S, Caster, Scler, DIP MTP - Lev Scap, U/T, CMed, CMax, Piriformis P/S Piriformis	Advice & Corrective Exercises: Glute Bridge Cat cow Piriformis Stretch Glute Stretch
Reassessment & Postural Improvements: Hip Flex L 125° R (Spring) → NO ER R 125° R (Spring) SLR L 85° S. @ H/S R 80° PB	* Program sent by telehab

Next Treatment/Management Plan:

Catherine to book.