Tarrengower Remedial Massage

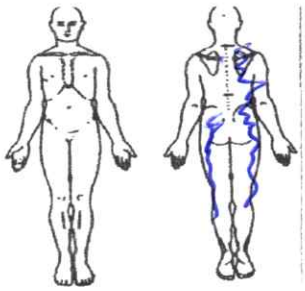
CLIENT RECORD: Follow-up Consultation

Last Name: Mc Shanag First Name: Lynn Date 27/8/22

Area Being Treated Hip, Shld ✓ Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes_____

Response to previous treatment (+'ve, -'ve ISQ): Fine



R Shldr ↓ Gastroc
Bil Glute Pain.

Client consent for treatment

Please sign [signature] Date 27/8/22 MC

OBJECTIVE EXAMINATION:

Observation:

Palpatory **Assessment:**

Treatment:
MFTT - ~~TFF~~, ESK, Lev Scap, U/T, Supra
Glute Med, Max, Rectfem
DIP MTrP Lev Scap, U/T.
Piriformis, Glute Med, Glute Max

Reassessment & Postural **Improvements:**
Hip Flex L 125° - ext. Hip to hard end
R 125° - R, (Spring)

Motion tests (Active, Passive, Resisted, Special Tests):
Joint mobilisation Cx2-5.

Advice & Corrective Exercises:
Piriformis + QL

Next Treatment/Management Plan: ① TFL/Glute Med tight - Hip Flex had ext. hip rotn. ② ok.
3 weeks (booked)