



# Lyttleton St

MEDICAL CLINIC

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ABN:14 175 427 495

20/07/2022

Paul Gilders

Email: [tarrengowerrm@gmail.com](mailto:tarrengowerrm@gmail.com)

**Re: Neil McLean**  
**2 Twyford Street**  
**Harcourt. 3453**  
**DoB 13/05/1962 Ph: 0408 558 440**

Dear Paul,

Thank you for seeing Neil McLean. He has a had previous tears to his lateral ankle ligaments but also has some tendinitis (probably) in tib post. **I'm happy for him to have any massaging to his legs.** He has some pitting oedema which we will try remove, it goes down overnight so I'm thinking it is all lymphoedema.

Many thanks,

Dr Dominic Blanks  
MBBS, FACRRM, DCH  
261816DF

**Current medications are:**

Astrix 100 100mg Tablet (Aspirin)

Chlorsig 0.5% Eye Drops (Chloramphenicol)

Chlorsig 1% Eye Ointment (Chloramphenicol)

Depo-Medrol 40mg/mL Injection (Methylprednisolone acetate) admin by doctor.

Frusemide 20mg Tablet (Furosemide)

Lipitor 20mg Tablet (Atorvastatin)

Mobic 15mg Tablet (Meloxicam)

Poly Gel 0.3% Eye Gel, Single dose units (Carbomer 974)

take 1 tablet Daily With food.

2 drops every 2 hour

Dose: 2 drops every 2 hours today and then four times a day for 3 more days.

1 Application 1.5cm in lower lid at night. 1.5cm in lower lid at night

1 tab In the morning.

1 tab Daily.

1 Tablet Daily with food.

1-2 drops qid.

**Allergies:**

Nil known.

**Past Medical History:**

**Active:**

Type 2 diabetes

Intellectual disability, acquired

ENDOEP

→ Pregabalin

Obesity, morbid (BMI>30)  
Sleep apnoea, uses CPAP  
Polycythemia, requiring venesection  
10/12/2010 Deep venous thrombosis - left leg

**Inactive:**

Meningitis, meningococcal, in childhood

**Investigations:**

MCLEAN, NEIL  
Phone: 5474 3205  
Birthdate: 13/05/1962 Sex: M Medicare Number: 30102496181  
Your Reference: 3783611 Lab Reference: 3783611  
Laboratory: Bendigo Radiology Group  
Addressee: DR DOMINIC BLANKS Referred by: DR DOMINIC BLANKS

Name of Test: XR-PELVIS; XR-LEFT HIP  
Requested: 30/03/2021 Collected: 30/03/2021 Reported: 30/03/2021 13:03

This report is for: Dr D. Blanks  
Referred By:  
Dr D. Blanks

L HIP 30/03/2021 Reference: 3783611

XRAY PELVIS & LEFT HIP

No bone or joint lesion demonstrated.  
Sacroiliac joints normal.

I note minor calcification in the ischial attachment of the hamstring tendons, no avulsion injury.

Radiologist: Dr D. Cleeve

MCLEAN, NEIL  
Phone: 5474 3205  
Birthdate: 13/05/1962 Sex: M Medicare Number: 30102496181  
Your Reference: 3793520 Lab Reference: 3793520  
Laboratory: Bendigo Radiology Group  
Addressee: DR DOMINIC BLANKS Referred by: DR DOMINIC BLANKS  
Name of Test: US-DVT LEFT LEG DOPPLER; US-INVEST OF VENOUS REFLUX OR OBSTR  
Requested: 27/04/2021 Collected: 27/04/2021 Reported: 27/04/2021 15:24

This report is for: Dr D. Blanks  
Referred By:  
Dr D. Blanks

L LEG DVT 27/04/2021 Reference: 3793520

ULTRASOUND LEFT LEG

Clinical Notes:  
Previous DVTs, now calf is twice the size of the right one.

Findings:  
Difficult scan due to patient body habitus.  
The patient had a DVT 10 years ago.

All veins in the left leg are patent and compressible. No deep venous thrombosis identified. There is an anechoic Baker's cyst behind the

knee measuring 3.1 x 1.2 x 3.7cm.

**Conclusion:**

Baker's cyst behind the knee.  
No left leg deep venous thrombosis identified.

Radiologist: Dr J. Wilkie

MCLEAN, NEIL  
Phone: 5474 3205  
Birthdate: 13/05/1962 Sex: M Medicare Number: 30102496181  
Your Reference: 3936693 Lab Reference: 3936693  
Laboratory: Bendigo Radiology Group  
Addressee: DR DOMINIC BLANKS Referred by: DR DOMINIC BLANKS

Name of Test: XR-LEFT ANKLE  
Requested: 15/06/2022 Collected: 15/06/2022 Reported: 15/06/2022 10:58

This report is for: Dr D. Blanks  
Referred By:  
Dr D. Blanks

L ANKLE 15/06/2022 Reference: 3936693

XRAY LEFT ANKLE

Small bone density separate from the tip of the lateral malleolus suggests non-union of long past avulsion fracture. No further acute trauma.  
Small calcaneal spurs noted.

Radiologist: Dr D. Cleeve

MCLEAN, NEIL  
Phone: 5474 3205  
Birthdate: 13/05/1962 Sex: M Medicare Number: 30102496181  
Your Reference: 3947780 Lab Reference: 3947780  
Laboratory: Bendigo Radiology Group  
Addressee: DR DOMINIC BLANKS Referred by: DR DOMINIC BLANKS

Name of Test: US-ABDOMINAL AORTA ILIAC DOPPLER; US-ARTERIES LEFT LEG DOPPLER  
Requested: 18/07/2022 Collected: 18/07/2022 Reported: 18/07/2022 10:27

This report is for: Dr D. Blanks  
Referred By:  
Dr D. Blanks

L LEG ART 18/07/2022 Reference: 3947780

LEFT LEG ARTERIAL DOPPLER

Triphasic waveform pattern is noted throughout the leg arteries, three vessel run off at the ankle level confirmed.  
No aneurysm or focal stenosis detected.

Radiologist: Dr D. Cleeve

MCLEAN, NEIL  
Phone: 5474 3205

Birthdate: 13/05/1962 Sex: M Medicare Number: 30102496181  
Your Reference: 3944128 Lab Reference: 3944128  
Laboratory: Bendigo Radiology Group  
Addressee: DR DOMINIC BLANKS Referred by: DR DOMINIC BLANKS

Name of Test: US-ANKLE OR HIND FOOT U/S - Unilate  
Requested: 06/07/2022 Collected: 06/07/2022 Reported: 06/07/2022 15:52

This report is for: Dr D. Blanks  
Referred By:  
Dr D. Blanks

L ANKLE 06/07/2022 Reference: 3944128

#### LEFT ANKLE ULTRASOUND

Generally hypoechoic appearance of the anterior tibiofibular ligament and anterior talofibular ligament, questionable partial tears noted. No osseous detachment. Fluid noted in the tibialis posterior tendon sheath which is generally thickened. Minor tendinopathy at the insertion of the Achilles tendon.

#### CONCLUSION

Lateral ligament complex changes suggest previous partial tears. No further acute injury.

Radiologist: Dr D. Cleeve

*Dr Daniel Silver  
Dr Kirby Jefferies  
Dr David Breed  
Dr Britnee Hodge*

*Dr Rebecca Dale  
Dr Mark Farrugia  
Dr Imtiaz Chowdhury*

*Dr Richard Mayes  
Dr Julia Jaensch  
Dr Hussein Rabia*

*Dr Dominic Blanks  
Dr Louise Manning  
Dr Ali Clark-Hakimi*