

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: M'LEAN First Name: NEL

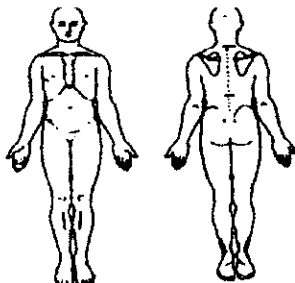
Date 23/7/22

Area Being Treated Tx, Hip, Legs Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y/N

If yes _____

Response to previous treatment (+ve, -ve/SQ): +ve



Cleared by doctor for leg massage

+ve experience from last treatment
-> relief lasted 3 days

Client consent for treatment

Please sign X

Date 23 - 7 - 22

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests):
Palpatory Assessment: <u>① calf enlarged (Lymphodema)?</u>	
Treatment: <u>MRTT ESG, Glute Med, Glute Max, H/S Gastroc</u> <u>DIP MT, P Glute Med, Max, Piriformis, Gastroc</u>	Advice & Corrective Exercises: <u>Seated Piriformis Stretch</u> <u>" H/S "</u> <u>" calf "</u> <u>Step - Heel drop</u> <u>all x 3, Hold for 20 sec</u>
Reassessment & Postural Improvements:	

Next Treatment/Management Plan: 2 weeks (booked)
MLN suggested

PATIENT SCREENING QUESTIONNAIRE FOR COVID-19

Please Circle Yes or No

1. Do you have a fever or Respiratory Symptoms? **Yes No**

Symptoms include fever OR an acute respiratory infection and include (but are not limited to) cough, sore throat, fatigue and shortness of breath with or without a fever.

2. Have you been identified as a close contact of a confirmed case of coronavirus? **Yes No**

You are a close contact if you: live in the same house as someone who tests positive. spent 4 hours or longer with someone in a home, or health or aged care environment.

3. Are you waiting on COVID-19 swab results? **Yes No**

4. Have you been asked to self-isolate by your GP, or a government authority? **Yes No**

5. Have you received a COVID-19 vaccination in the past 3 days? **Yes No**

I, the undersigned hereby declare that the information I have provided in this questionnaire is true and accurate

Name Nail McLean

Your signature 

Date 23/7/22