Tarrengower Remedial Massage

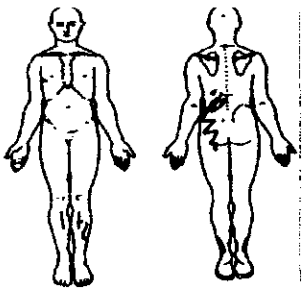
CLIENT RECORD: Follow-up Consultation

Last Name: McLean First Name: Neil Date: 30/4/2022

Area Being Treated Lx /Glutes/ Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ): +ve



"Pain - in sciatic nerve"
Piriformis Syndrome.
Sitting → Pain

Client consent for treatment

Please sign [signature] Date 30.4.22

OBJECTIVE EXAMINATION:

Observation:
Still using electronic Massage → When needed

Motion tests (Active, Passive, Resisted, Special Tests):

Palpatory **Assessment:**

Treatment:
MFTT IIlio costalis, QL, longissimus, Glute Med, Glute Max, H/S, Calves.
D, P MT, P Glute Med, Piriformis ~~Glute Max, Gastroc~~

Advice & Corrective Exercises:
Piriformis & QL Stretches (seated)

Reassessment & Postural **Improvements:**

Next Treatment/Management Plan: 4 weeks (booked)