

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: HEATHCOTE First Name: Fiona

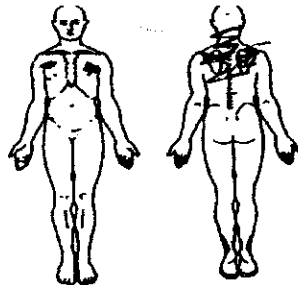
Date 23/2/23

Area Being Treated CX/Tx/Pos Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y

If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve/ISQ): five



Pec Minor  
Major  
Rhomboids  
UFT, Lev Scap.  
CX  
Magazine work

Client consent for treatment

Please sign

Date

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Hip Flex <math>\frac{1}{2}</math> 120° R. (Spring)</u>
Palpatory Assessment: <u>Q1 } Hypertonic</u> <u>Piriform</u> <u>Glute Med - act. MTP.</u>	Advice & Corrective Exercises: <u>Piriformis Stretch →</u> <u>Q1 Stretch</u> <u>YTW.</u> <u>Rhomboid Facilitation</u>
Treatment: <u>MFTT Vis costals, Q1, Long, U/S</u> <u>Lev Scap, Rec Fem, Rec Maj, Rec</u> <u>DIP MTP, Lev Scap, glute Med,</u> <u>Glute Max</u>	
Reassessment & Postural Improvements: <u>Hip Flex <math>\frac{1}{2}</math> 125° R (Spring)</u> <u>R 125° R (Spring)</u>	

Next Treatment/Management Plan: 4 weeks (booked)