Tarrengower Remedial Massage

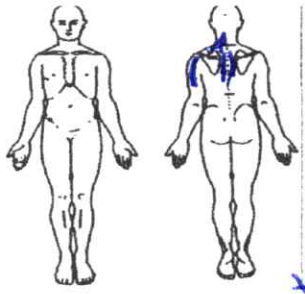
CLIENT RECORD: Follow-up Consultation

Last Name: HOITING First Name: JANE Date 26/3/22

Area Being Treated (R) Shoulder & Upper arm Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ):



(R) Ant Deltoid - wakes at night
Triceps long head?

*NOTE: "Lump" on (L) triceps long head

Client consent for treatment

Please sign J.H.C Date 26/3/2022

OBJECTIVE EXAMINATION:

Observation:

Palpatory **Assessment:**
(L) Triceps L. Head Hypertonic

Treatment:
MFR TLF, Infra, Supra, Deltoids, triceps
D.P MFR Infra, Teres Minor

PRS triceps long head

Reassessment & Postural **Improvements:**

Motion tests (Active, Passive, Resisted, Special Tests):
Resisted: Shldr ext ✓✓
" ABD ✓✓
Int. Rot ✓✓
ext. rotn

Active:
Shld
Int rotn 30° PB
Ext " 90° PB.

Advice & Corrective Exercises:
Heat if painful
Tricep stretch

Next Treatment/Management Plan: Mention "Lump" to GP next visit - I