Tarrengower Remedial Massage

From:

Squarespace <form-submission@squarespace.info>

Sent:

Monday, 4 September 2023 11:08 AM

To:

tarrengowerrm@gmail.com

Subject:

Form Submission - Client-History-form

Sent via form submission from Tarrengower Remedial Massage

Name: Judy Allen

Identify as: Female

Email: judemallen@gmail.com

Contact phone number: 0401739297

'ddress: 51 Strangways School Rd, Strangways VIC 3461, Australia

Date of Birth: 11 January 1986

Occupation: Admin/Cleaner

What sports and/or activities do you do?: Walking

Health Fund?: AHM

Health fund Extras cover?: Yes

Emergency Contact name: Will Donkin

Emergency contact phone number: 0421963424

Do you have any limitations for treatment?: Yes

Details of limitations if previous answer is yes: Altered sensation on and around surgery scar (does not respond well to much pressure). Surgeries in 2015 & 2016.

What are your expectations for treatment?: Increased mobility and easing of muscular pain would be nice. Nerve pain is fairly consistent, so expect this will stay the same.

Is there a possibility that you are pregnant: No

Do you have varicose veins?: No

Do you have sunburn?: No

Have you had any recent surgery or do you have scar tissue?: Yes

Details if answer to previous question is yes.: As above - have had 2 peroneal nerve decompression surgeries (left leg). Scar tissue present from this.

Do you have any inflamed or painful areas?: Yes

Details if answer to previous question is yes.: Lower back and left hip. Upper back/right shoulder and neck.

SIJ? Peroneals.

High or Low Blood Pressure: Normal

Do you have a circulatory disorder?: No

Do you take supplements?: Yes

Details if answer to previous question is yes.: Have not been taking the regularly. Magnesium mainly.

Do you have arthritis?: No

Details if answer to previous question is yes.:

Do you have any allergies?: No

Details if previous answer is yes.:

Do you have diabetes?: No

Have you ever had blood clots or been diagnosed with DVT?: No

Have you had any fractures or dislocations: Yes

Details if previous answer is yes.: Tibial Plateau fracture in left leg - occurred in conjunction with damage to peroneal nerve.

Do you suffer from headaches or migraines?: Yes / (x?

Do you have cancer?: No

Details if previous answer is yes.:

Do you have any infectious conditions?: No

Are you taking any medications?: Yes

Details if previous answer is yes.: Too many Panadol and nurofen - have stopped over the past week because my stomach is not happy about this. I am aware this is not great for gut health.

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