

## Fatigue Severity Scale (FSS)

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Please select the number between 1 and 7 which you feel best fits the following statements. This refers to your usual way of life within the last week. 1 indicates "strongly disagree" and 7 indicates "strongly agree".

My motivation is lower when I am fatigued	10 20 30 40 50 60-70
Exercise brings on my fatigue	10 20 30 40 50 60 70
I am easily fatigued	10 20 30 40 50 60 70
Fatigue interferes with my physical functioning	10 20 30 40 50 60-70
Fatigue causes frequent problems for me	10 20 30 40 50 60 70
My fatigue prevents sustained physical functioning	10 20 30 40 50 60 70
Fatigue interferes with carrying out certain duties and responsibilities	10 20 30 40 50 60 70
Fatigue is among my most disabling symptoms	10 20 30 40 50 60 70
Fatigue interferes with my work, family or social life	10 20 30 40 50 60 70