Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

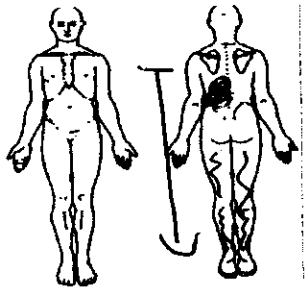
Last Name: GUDGEON First Name: BRONWYN Date 10/11/22

Area Being Treated TC legs

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ): +'ve



QL ?
~~Longissimus~~
Glute Med
Piriformis
~~Glute Max~~

Client consent for treatment

Please sign

Date 10/11/22

OBJECTIVE EXAMINATION:

Observation:

Motion tests (Active, Passive, Resisted, Special Tests):
TC Rotn T S

Palpatory **Assessment:**
Glute Med, Glute Max & Piriformis Hypertonic ++

Treatment:
MFTT - Iliocostalis, QL, Longissimus, Glute Med, Glute Max, Petrissage Gastroc
D.P MTrP Glute Med, Glute Max, Piriformis

Advice & Corrective Exercises:
Piriformis stretch
Supine H/S, Glute Stretch

Reassessment & Postural **Improvements:**
(R) Piriformis tighter than (L).

Next Treatment/Management Plan: 2 weeks (booked)
Discussed MLD for fluid behind knee