

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: GURLEON First Name: BRONWYN

Date: 23/11/22

Area Being Treated HIPS/Legs

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y ☒ N

If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve/ISQ): TIVE

Glute Med not sore after last treatment

Client consent for treatment

Please sign



Date 23/11/22

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Trendelenberg -ve bilat.</u> <u>PKB L 4 fingers</u> <u>R 5 fingers</u>
Palpatory Assessment: <u>Piriformis &amp; Glutes</u> <u>Hypertonic JT</u>	<u>HIP Flex L 125° R (Spring)</u> <u>R 125° R (Spring)</u>
Treatment: <u>MFR ESA, Glute Med, Glute Max</u> <u>HLS Rec fem, Vasc lat, Vasc Med</u> <u>DIP MIP Glute Med, Glute Max</u> <u>Piriformis</u> <u>Cupping ITB</u>	<u>OBERS Test +ve bilat</u>
Reassessment & Postural Improvements:	Advice & Corrective Exercises: <u>Supine Glute Stretch</u> <u>Piriformis Stretch</u> <u>Supine HLS Stretch</u>

Next Treatment/Management Plan: 3 weeks (booked)