

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: GUOGEON First Name: Bronwyn

Date 22/3/23

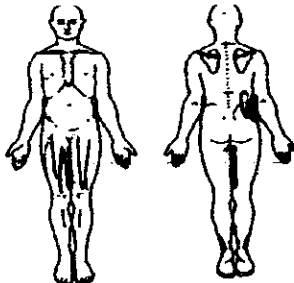
Area Being Treated: Hips/Legs

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y

If yes _____

Response to previous treatment (+ve, -ve ISQ): five



B. Gracilis, Glute med

Client consent for treatment

Please sign

Date 22/3/23

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): HIP Flex L 120° R (Spring) (add) R 120° R (Spring) (add)
Palpatory Assessment: <u>B. Gracilis, Glute Med & Piriformis hypertonic</u>	Advice & Corrective Exercises: <u>Piriformis stretch</u>
Treatment: <u>MFT Reckon, the costals</u> <u>QL, Glute Med, Glute max</u> <u>DIP MT, P. Piriformis, Glute med</u>	
Reassessment & Postural Improvements: <u>HIP flex L 125° R (Spring)</u> <u>HIP Flex R 125° R (Spring)</u>	

Next Treatment/Management Plan: 4 weeks (booked)