Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

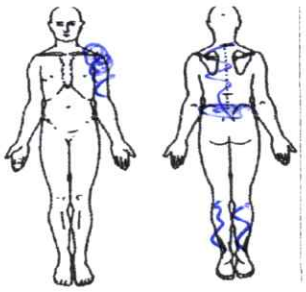
Last Name: Gudgeon First Name: Bronwyn Date 17/8/23

Area Being Treated (L) Shldr
Cx/Tx adhes

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ): +'ve

Current Presentation LOOTRADIOPS:



1st Treatment post Travel

Client consent for treatment

Please sign Date

OBJECTIVE EXAMINATION:

Observation:

Palpatory **Assessment:**
(L) Tib Post Hypertonic
Piriformis "

Treatment:
MET ESG. Glute Med, Glute Max, IT's, Gastroc, Tib Post, Soleus
~~DF~~ P&S Piriformis

Reassessment & Postural **Improvements:**
DORSI Flex L 5° R. Spring
R 5° R. (Spring)

Motion tests (Active, Passive, Resisted, Special Tests):
Shldr abd L 180
R 160
Flex L 180
R 180

Resisted Flex VV
Ext VV
DORSI L 0° R. (spring)
R 0° R. (spring)
Plantar L 45° R. (spring)
R 45° R. (Spring)

Advice & Corrective Exercises:
Calf Stretches
Piriformis Stretch

Next Treatment/Management Plan: 2 weeks. (booked).
→ Dorsi flexion
→ HCPS.