



## NSW RURAL FIRE SERVICE

Private and Confidential - Medical Questions to be completed by Doctor/Specialist

**Re: Keith Quiney - Medical Information required**

Thank you for reviewing Mr Keith Quiney in September 2023. As you know, Mr Quiney is a volunteer firefighter with the RFS. He is currently under a disciplinary investigation due to alleged actions and conduct towards another RFS member.

Can you please provide an update to Mr Quiney's condition and respond to the following questions:

1. What is your patient's health condition?

*Stable. Has made significant progress in his recovery.*

2. How long has the patient had this condition/diagnosis?

*Referred to see me in Aug 2023*

3. What is the current status of the condition?

Note. Early remission is greater than 2 months but less than 12 months, sustained remission is more than 12 months;  
(Remission refers to the patient no longer meeting the diagnostic criteria for the condition)

- ☐ Not in remission and not undergoing treatment
- ☐ Not in remission but undergoing active treatment
- ☐ Early remission on treatment
- ☐ Early remission without treatment
- ☒ Sustained remission on treatment
- ☐ Sustained remission without treatment

4. What is the impact of their condition on their daily function?

*Keith has returned to his full level of functioning across all domains of his life.*

Postal address

NSW Rural Fire Service  
Locked Bag 17  
GRANVILLE NSW 2142

Street address

NSW Rural Fire Service  
4 Murray Rose Ave  
SYDNEY OLYMPIC PARK NSW 2127

T (02) 8741 5555  
F (02) 8741 5550  
[www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au)

Re: Mr Keith Quiney - Medical Information required

5. What is the current treatment plan? How long have they been receiving this treatment? Are they compliant with this treatment?

Keith had weekly to fortnightly consultations b/n Aug + Nov. 2023. He made significant progress + no longer requires psychological support. He returned to see me in April 2024 for a review for this report.

6. What is the impact of their treatment on their daily function?

Keith actively engaged in all sessions. He developed healthy coping strategies + implemented changes in his life for healthy work/life balance. He feels optimistic about his future.

7. Has the patient self-harmed, either intentionally or unintentionally within the last two years?

☐ Yes ☒ No

If Yes, please provide details

8. Does the patient have any reduction in cognition, memory, judgement, or concentration?

☐ Yes ☒ No

If Yes, please details

Keith

9. Has the patient ever been hospitalised for their mental health condition?

☐ Yes ☒ No

a) Was their hospitalisation in the last 2 years?

☐ Yes ☒ No

b) When, and for how long was the hospitalisation?

If Yes, please details

10. Could their condition be adversely affected by exposure to potentially traumatic events and/or high stress environments?

Yes ☒ No

If Yes, please provide details

Keith is functioning at high level in very stressful work environment.

Traumatic events could be impactful in the same way other RFS workers may be affected.

Re: Mr Keith Quiney - Medical Information required

11. Does their condition impact their ability to work collaboratively and follow direction?

☐ Yes ☒ No

If Yes, please provide details

.....  
.....

12. In your opinion is Mr Quiney medically fit to undertake a disciplinary investigation?

☒ Yes ☐ No

Please provide details

The combination of factors that led to  
Keith's deterioration in 2023 have either  
resolved or he has learned strategies to cope  
+ manage his emotional regulation

Additional comments

KEITH has implemented changes in his life  
that give him better work/life balance. The RFS  
continues to be an area of important community service  
for him + he hopes to be able to ~~can~~ return.  
However, he is also accepting of the decision/outcome of  
the disciplinary investigation

Doctor name

MICHELLE HOOKHAM

Clinic name

HEALTH DYNAMIS

Provider registration

CREDENTIALLED MENTAL HEALTH NURSE (CMHN)

Date

09.09.2024

**NOTE:**

Please return the completed and signed copy to NSW Rural Fire Service Health & Wellbeing Team via email:  
healthy@rfs.nsw.gov.au.

Provide the patient with a copy of the completed form if requested.

MICHELLE HOOKHAM / HEALTH DYNAMIS PTY  
MENTAL HEALTH & HOMEOPATHY  
6 CHRISTIE ST, P.O. BOX 297  
WINDSOR 2756 ; PH: 4577 4435  
health@michellehookham.com.au  
ABN:55 660 281 238