

Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: McKnight First Name: Brianna

Date 8/6/23

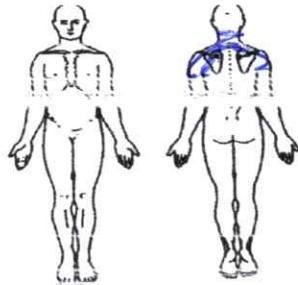
Area Being Treated Cx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N

If yes _____

Response to previous treatment (+ve, -ve ISQ): +ve



Neck sore
- Driving back & forth to Melbourne
Tension in Shoulders

Client consent for treatment

Please sign

Date

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Cx Rotn L 85° P. @ Lev Scap</u> <u>R 85° S. @ u u</u> <u>Cx Lat Flex L 45° S. @ Lev Scap</u> <u>R 45° S. @ Lev Scap</u>
Palpatory Assessment:	
Treatment: <u>MCTT: the costalis, longissimus</u> <u>Semi spinalis, Lev Scap, UTR,</u> <u>Lat Dorsi</u> <u>DIP MTRP UTR, Lev Scap, Pares</u> <u>Cx Joint mob.</u>	Advice & Corrective Exercises: <u>Cx Stretches</u> } <u>Hold for</u> <u>- Lat</u> } <u>20 sec</u> <u>- Lev Scap</u> } <u>3 reps x 2 sets</u>
Reassessment & Postural Improvements: <u>Cx Rotn L 90° PB</u> <u>R 90° PB</u> <u>Cx Lat Flex L 45° PB</u> <u>R 45° PB</u>	

Next Treatment/Management Plan:

Next Week - HIPS / Legs