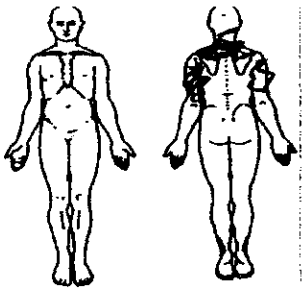
Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: REDFERN First Name: Graham Date 18/2/23

Area Being Treated Cx/Shoulder Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes



Shoulders & Neck tight

Response to previous treatment (+'ve, -'ve ISQ): +'ve
"Wonderful"
- headache stopped.

Client consent for treatment

Please sign

Date 18/2/22

OBJECTIVE EXAMINATION:

Observation:

Palpatory **Assessment:**
U/T Hypertonic

Treatment:
MFRT ESC, U/T, Lev Scap Spler Cer, Splen Cap.
DID MTrP Lev Scap, Rhomb, U/T.
Cx Joint Mob

Reassessment & Postural **Improvements:**
Cx Rotn L 70° P1 @ U/T
R 50° P1 @ U/T
C/L Lat Flex L 40° P1 @ U/T
R 45° P1 @ U/T

Motion tests (Active, Passive, Resisted, Special Tests):
Cx Rotn R 45° P1 @ U/T
L 60° P1 @ U/T
Cx Lat Flex L 30° P1 @ U/T
R 30° P1 @ U/T
Shld Abd R 90° Sl @ triceps Long.
L 95° Sl @ " "
Flex R 135° Sl @ " "
140° Sl @ " "

Advice & Corrective Exercises:
Cx Stretches 1 sets 2 rep Daily
Lev Scap Stretches 1 sets 2 reps

Next Treatment/Management Plan: call when needed.