

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: WITHERS First Name: EWEN

Date 15/7/23

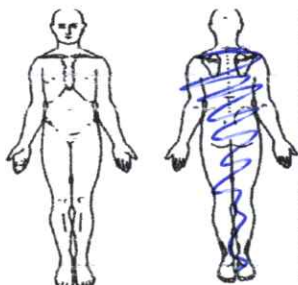
Area Being Treated LB/SBL

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N

If yes _____

Response to previous treatment (+ve, -ve) +ve



'Tight' Back
→ Gym
→ weights.

Client consent for treatment

Please sign gh-

Date 16/7/23

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): Lx Flex Scnd knee S. @ Semitend. Lx Lat Flex 10cm ↑ knee S. @ QL R 2cm ↑ knee PB
Palpatory Assessment:	SLR L 50° R (Spring) R 50° R (Spring)
Treatment: MFR - thoracalis, longissimus, semi spinalis, UT, lev Scap, Glute Med, QL, Glute Max, H/S Calves.	Advice & Corrective Exercises: Glute Bridges Glute Stretch Piriformis Heel Raises
Reassessment & Postural Improvements: Lx Flex Scnd knee S. @ thor cost Lx Flex Lat R Knee PB L Knee PB	

Next Treatment/Management Plan: 3 weeks (checked)