

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: WITHERS First Name: LAURPYNE

Date 10/6/23

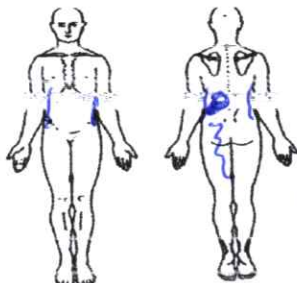
Area Being Treated Lx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N

If yes _____

Response to previous treatment (+ve, -ve, ISQ): +ve



Lower @ back

ext. oblique indicated

acute mod/max indicated

→ Piriformis, QL,

Client consent for treatment

Please sign

WITHERS

Date

10/6/23.

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>SLR L 60° R (Spring)</u> <u>R 60° R (Spring)</u> <u>Lx Flex 15cm knee S. @ QL</u> <u>(P.R.O.E.)</u> <u>Lx lat flex L knee P. @ QL?</u> <u>R knee S. @ ext Oblique</u> <u>HIP flex L 100° R (Spring) P. @ QL?</u> <u>R 110° R (Spring) Ext Hip.</u>
Palpatory Assessment:	
Treatment: <u>MTT - iliocostalis, QL,</u> <u>int abd oblique, ext</u> <u>abd oblique</u>	Advice & Corrective Exercises: <u>Piriformis stretch</u> <u>QL stretch</u> <u>int abd oblique stretch</u> <u>ext abd " "</u>
Reassessment & Postural Improvements: <u>SLR L 70° R (Spring)</u> <u>R 75° R (Spring)</u> <u>HIP Flex L 110° R (Spring)</u> <u>R 115° R (Spring)</u>	

Next Treatment/Management Plan:

Lx Flex 15cm knee S. @ QL
Lx lat flex L knee S. @ ext. oblique
R knee P. @ " "