

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: WITHERS First Name: LAWREYNE

Date 15/7/23

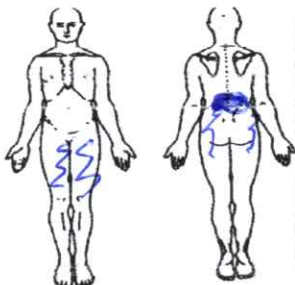
Area Being Treated LX

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? YN

If yes _____

Response to previous treatment (+ve, -ve, ISQ): rive



Guarding movement
Felt like LB was
about to be impacted
1.5 weeks ago.
→ stretched to avoid

Client consent for treatment

Please sign

WITHERS

Date

15/7/23

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): LX Flex 2cm knee S, @ gastroc LX Lat Flex L knee P @ Glute Med. R knee PB.
Palpatory Assessment: Rec Fem Hypertonic QL (R) Hypertonic	SLR L 50° R (spring) R 45° R (spring) HIP EXT L 90° R (spring) R 90° R (spring)
Treatment: MFT - tho costalis, QL Glute Med, Glute Max, Biceps Fem Semi mem, Semi tend, Rec Fem DIP Piriformis Pds ^{Rec Fem} Piriformis	Advice & Corrective Exercises: Tape @ LX - Reminder for stretching to (D) → re-position & bend knees.
Reassessment & Postural Improvements: HP Flex L 110° R (spring) R 110° R (spring)	

Next Treatment/Management Plan:

4 weeks (booked)