



INITIAL AND REASSESSMENT FORM

Gateway Assessments:

Pause - Neck Rotate Equal - L more - R more and %
 Pause - Neck Lat Bend Equal - L more - R more and %
 Centre Breath Normal/Decreased cm
 Power - Lat Bend Balanced - L more - R more %
 Foundation Forward Bend Equal - L higher - R higher
 Pause - Heel / Toe Step Number: 4

Spinal Palpation Notes:

Notes:

Why are you here?

Anything else I need to know?

Blockages



Date: 16-5-24

Name: Alison Harrison

Postural Assessments

Pause - Forward Head Yes
 Passion - Ears level Yes - L higher - R higher
 Passion - Hump C7/T1 Yes No
 Centre - Shoulders level Yes - L higher - R higher
 Centre - Thoracic Curve Balanced - More - Less
 Power - Lumbar Curve Balanced - More - Less
 Foundation - Pelvis Height Equal L higher R higher
 Base - Pelvis Tucked Yes No

Leg Length and Tension

Short leg? Yes - L R No
 Head turn equal? Yes (Pause Block) No
 Leg bend does it equal? Yes (Foundation Block) No
 Feet Stick Together? Yes (Base Block) No
 Legs Stay Apart? Yes (Passion Block) No



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Edit



Lens