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Dr Nichola Kettleton-Butler  
Saltwater Medical  
7 Fourth Avenue  
Caloundra Qld 4551

1 July 2024

Dear Dr

Janke Wiege has recently come to me for support with managing the transition through perimenopause.

I felt that it was important to collaborate with a GP in order to provide optimal management.

As Janka is experiencing heavy menstrual bleeding and is of perimenopause age, it would be appreciated if you can order the following:

- Iron Studies, FBC
- General biochemistry
- E/LFT
- Lipid Studies
- Fasting Glucose
- TSH
- Vitamin D
- Vitamin B12, Active B12, Folate
- LH, FSH, Estradiol, Progesterone, Testosterone

I understand this is a significant request and will defer to your judgment, however Janka has not had a comprehensive check for some time and with her presenting health concerns I feel this might be considered justifiable. I would value your clinical assistance and investigation.

If there are any questions feel free to contact me at - info@purelywellness.com.au or 0403 164 669.

Kind regards

Miriam Guscott  
**Naturopath**