



Patient Name: Aline

D.O.B.: _____

Date: 6/9/24

PRESCRIPTIONS

Take adrenal / stress Herbal
2 x Daily diluted
in water

For acute situation
use Homeopathic Apis
every hour
2 drops in 10 ml

Practitioner: _____

Address: _____

Phone: _____ Signature: _____

For more information on our Practitioner supplement range visit: designsforhealth.com.au