

Best Life Medical Centre

1a/ 1-3 College St
North Lakes 4509
Ph: 34824677 Fax:34822375

GP MANAGEMENT PLAN & TEAM CARE ARRANGEMENTS REVIEW

Patient's Name: Mr Lawrence Baker

Date of Birth: 11/08/1954
Phone: (H) (W)

Contact Details:
16 Picabeen Court
North Lakes 4509

Medicare or Private Health Insurance Details:
4039837571

Details of Patient's Usual GP:
Dr Sherif Abdalla
1a/ 1-3 College St
North Lakes 4509
Ph: 34824677 - Fx: 34822375
Provider No: 467315CW

Details of Patient's Carer (if applicable):
Name:
Relationship to Patient:
Phone:

HISTORY LIST

	Calcium Score	Score of 70 -52nd percentile Dr. Christopher Tan
	Right Floaters in eyes	
1996	Right Rotator cuff tear, surgical repair	
2006	Bilateral Varicose veins, ligation and stripping	
09/03/2017	Meniscectomy repair	Meniscus tear Right
17/01/2018	Left Gynaecomastia	
31/05/2018	Right Arthroscopy of knee	
30/08/2018	Faecal occult blood test negative	
25/09/2018	Echocardiogram	EF = 57%.
2019	Cystoscopy	Midly occlusinve prostate- median lobe protruding to the bladder
18/02/2019	Urodynamic study	Badder outflow obstruction = 0.52
05/07/2019	Screening psa	
21/08/2019	Subclinical hypothyroidism	
15/01/2020	Left Arthroscopy release of shoulder for OA	
29/04/2020	Colonoscopy	Normal
29/04/2020	Endoscopy, Upper GIT	Oesphagus: Normal Gastritis - H.Pylori negative 1 tiny angiodysplasia in midjejunum
27/05/2020	Capsule Endoscopy, Upper GIT	
06/07/2021	Echocardiogram	The average heart rate was 70. The minimum heart rate was 46 at 02:06. The maximum heart rate was 135 at 05:10.
08/07/2021	Holter monitor	Frequent (5%) ventricular ectopics with one bigeminy run and occasional trigeminy. No supraventricular ectopics. No pauses greater than 2.0 seconds. No patient events recorded.
25/08/2021	Stress test	
11/2021	CTCA	Equivocal will proceed to CTCA Minimal in RCA and LAD Caclium score 75
01/06/2022	Faecal occult blood test negative	

MEDICATIONS

Ezetimibe /Rosuvastatin 10mg;40mg Tablet
Irbesartan 300mg Tablet
Pregabalin 25mg Capsule
Stilnox 10mg Tablet
Travatan 40mcg/mL Eye Drops
Xatral SR 10mg Tablet, modified release

1 Tablet In the evening.
1 Tablet Daily.
1 Capsule In the morning.
½ Before bed.
1 Drop On drop in the night time in the left eye.
1 Tablet Daily every second day.

ALLERGIES

House dust mite Hay fever, Moderate
Zolof

GP MANAGEMENT PLAN REVIEW

Review Goals Achievement, Any further actions :

	Premature Ventricular ectopics	Had been assessed in 2021 for chest pain by the medical team in RCH and his symptoms was attributed to the PVC, and was instructed to control the risk factors
	Vertebral wedding, T7	Mild vertebral body wedging at T7, 8, 9 Had been seen by endocrinology have Xray which showed some loss of height that is reported at the T7 and T8 vertebrae, there is no acute wedging of any of the thoracic or lumbar vertebrae. and was discharged
06/01/2017	Hypertension	
20/12/2017	Hypercholesterolaemia	
30/04/2019	BPH	
	Bilateral OA shoulder	Saw Dr. Catbush For conservative treatment
		Beyond non-operative management a Shoulder Replacement and t would be an Anatomic Total Shoulder Replacement.
13/08/2019	Left Open angle glaucoma	Under DR Derek Campbell Continue Travatan once a day left eye and review in 2024
13/08/2019	Bilateral Cataract	EARLY Under DR Derek Campbell
30/04/2020	Gastritis	seen on the endoscopy
06/07/2021	Dilated aortic root	4.1 cm- had seen by Dr. Christopher Tan in RCH and advised for no further imaging follow up Echo 2023 Stable 4.1 cm under CTS in TPCH A CT aortogram was done on 1st December 2023. Looking at the images, the ascending aorta is around 38mm at the largest diameter, and aortic root around 41mm largest diameter.
25/11/2021	Minimal Coronary artery disease	Minimal in RCA and LAD Caclium score 75 Echo 2021 Normal LV function
10/2022	Liver cysts	Dr. Christopher Tan 2 small simple cysts in hepatic segments VIII and II measuring up to 9 mm.
05/10/2022	Bulging lumbar disc	L4/5 and L5/S1 CT 2023 No significant change when compared with the CT of 30/09/22. Advanced degenerative spondylosis at L5-S1 with severe right neural foraminal narrowing and probable compromise of the exiting right L5 nerve root. Facet joint arthropathy is most pronounced

18/04/2023	Fall from a ladder	(moderate) at L3-4 on the right. Admitted and had PAN CT scan Extensive but minimally displaced left rib fractures from 3 to 10. Nocomplication Identified from these fractures. Treated with erector spinae block and discharged with pain killers
18/04/2023	Left Rib fracture	3-10th after a fall from the ladder
22/05/2023	Bone mineral density	WHO classification for lumbar spine normal, femoral neck normal.
17/07/2023	Neuropathic pain	
20/07/2023	Lumbar Facet joint Disc degeneration	Degenerative changes are present at multiple levels affecting the facets and discs. Most prominently at the L5/S1 level with bilateral exit foramen narrowing and appearance of irritation of both exiting L5 nerve root.
25/07/2023	Ascending Aorta Dilatation	The ascending aorta measures 3.9cm. Under Cardiothoracic surgery in TPCH in 2023 for CT AORTOGRAM CT aortogram showed ascending Aorta of 3.8 and maximum trans- sinus diameted 41 mm not the threshold for repair for follow up in Janaury 2025
27/05/2024	Faecal occult blood test negative	

TEAM CARE ARRANGEMENT REVIEW

1. Review Goals achievment and if any further actions

As above in the review of the managment plan

Date service was completed: Tuesday, 13th August 2024

Proposed Review Date: every three months