

* 8-als

Andra - 1st follow-up

* Already re-booked
4/12/24

lost parents - i-1 in Thailand -
criminality - squatters - beggars -
Covid - (m) health hosp (high)
↳ finally sold houses 18/11

* STRESS - so much going on

* [Des Dem + Nalox + Solidago + Nettle
+ Nex Vom + Bubblegum]

* R (3) 3/uk. (**) feeling less craving
to drink even
just leave in fridge

* Detox - rash + itch on stomach
↳ rescue Abx + Gen
+ anesthetic

* + Itchy Skin
* Infect/Infl.

② Taste + Smell → could taste
mint coriander
+ spices

→ no smell as yet.

→ 3 wks after sick - covid/flu
w. cold sympt NBWS

* Def. receptors. * sinus infect'n
(support)