

RIDDHI RATHORE (MAHA)
AROH Registered Homeopath
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Treatment Plan/Prescription

Date: 26/12/2024

Patient details

Name: Ameya Shaji	
Email: Achushaji59@gmail.com	Telephone: 0403 185 149
Address: 2 Regents Place, Nambour 4560 Queensland.	

Product Name	Dosage Instruction
Apis Mellifica - 30C for Allergy	4 Pills once a week for 3-4 months. If severe allergic reaction occurs, please give 3 pills of Apis every 15 minutes or 30 minutes and then taper the dose.
Graphites 30 C for Eczema	10 drops under the tongue twice a day for 3 months.

Follow Up	Please book a follow-up appointment after receiving the test result of food allergy taring, IgE test , CBC, Eosinophils count C-RP and ESR and Histamine through GP. Approx. after 4 weeks .
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Remedy plan:

- 5 pills of Apis under a tongue once a week for 3-4 months. If severe allergic reaction occurs, please give 3 pills of Apis every 15 minutes or 30 minutes and then taper the dose and seek Emergency Medical services.
- After 2 weeks of Apis, please start Graphites.
- Prior to follow up appointment, please send all allergy test results.

How to take Homeopathic Remedies:

1. Please take medication 15 minutes before and after food or drink with a clean mouth.
2. Do not swallow or chew the pills, place them under your tongue and let them dissolve by themselves.
3. Store medication in dry cool places and avoid perfumes or strong odors substances.
4. Do not take medication straight after brushing teeth, after eating raw onions or drinking coffee.
5. Do not touch the medication by hand directly.

If you have any queries, please email vitalhomeocare@outlook.com. Your queries will be answered 24-48 hours. Please do not stop any conventional medication without consulting your treating General Practitioner. Please seek a medical services, if there is an emergency.

Homeopathic Practitioner:

Riddhi Rathore

B.H.M.S, Under grad cert in Nutrition, Studying Master In Nursing

