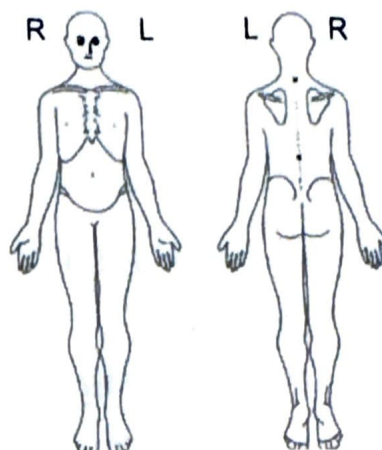


Massage Client Record



Please mark areas of
pain or tension

Name MARION CROFT

Address 8 GIBRALTAR WAY

Suburb EAST PERTH Postcode 6004

Telephone 0433-358-050 Date of Birth 3/11/79

Details Affecting Massage

Occupation Geologist Physical Duties Office work

Any Surgery/Accidents/Injuries Daddy knees

Further details

Reason for visit (presenting symptoms) Tightness across back + relaxation

Details of Pain (amount & type - numbness, sharp, dull) Not too bad, just tightness

What aggravates pain..... What Relieves it.....

Activities/Hobby/Exercise Walking

Medical History

- | | | | | |
|---|--|--|---|---------------------------------------|
| ☐ Allergies/Asthma | ☐ Contagious Disease | ☐ Skin problems | ☐ Bruising | ☐ Medication |
| ☐ Headaches | ☐ Heart/Kidney issues | ☐ Numbness/Tingling | ☐ Pain/Stiffness | ☐ Pregnant |
| ☐ Spinal/Back issues | ☐ Varicose Veins | ☐ Cold/Flu | ☐ Diabetes | ☐ Arthritis |
| ☐ Blood Pressure | ☐ Contagious Disease | ☐ Joint Replacement | ☐ Cancer/Tumour | ☐ Osteoporosis |

Further details or other **conditions** affecting the massage?

Are you on any **Medications**... No

Consent to Massage

I prefer massage pressure to be generally (please circle): light - moderate - firm - deep

Please circle areas of preference and cross out any areas you want avoided during the massage:

Face Head Neck Chest Shoulders Arms Hands ~~Stomach~~ Back Buttocks Legs Feet Toes

Massage practitioners are not qualified to diagnose or treat illness or disease or to perform thrust manipulation. Massage does not take the place of medical treatment where needed. If you are in doubt, please consult your doctor.

I agree to the prescribed massage, signed..... [Signature]

21-05-2016 - 60min full body, firm pressure. 217.
Lots of tension on neck & shoulders. ABM - new

Has a 13 month old - Gemma: - 10

25-06-2016 - FBM relaxation; Really stressed w/ the baby as she is getting (Gemma - baby) in a new routine of sleep; Enjoyed scalp massage at the end. ABM

16-07-2016 - FBM - relaxation - Her & her husband Glen really needed the treatment today. Both of them exhausted.

27-08-2016 - 60min FB Massage.

8th OCT 2016 - 60min FB Massage. Next Rx will be in the Swan Valley.

1st NOV 2016 - Marion & Glen - Swan Valley - their getaway. Marion w/ a complain in the (L) foot - Morton's Neuroma FBM around the foot. Marion had a cortisone injection to try to get better.

17th Dec - Marion & Glen had family staying w/ them. Marion still very sore w/ (L) neuroma now wearing a brace - might undergo surgery if not manage the area gently next time. Massaged Marion & relative. Glen was massaged by another therapist.

Marion FBW - Remedial lower back - TPT in back of legs & very gentle work w/ the injured foot.

13/1/17 - First treatment of New Year. Marion still has her (R) foot giving her trouble seeing the specialist soon for an MRI - full body remedial - very tight (L) side legs probably compensating for the foot on the right side.

2/2/17.

FBM - very much focus on upper body - Neck tight.

5/17 - Last of 10th session. Marion rebooked with myself only. Advised MOTR that she will think about it. Client's foot much better & she started gently exercise. FBM.

Take towel/business cards when seeing her next.

6th July 17 - Client's first session after finished up w/ MOTR. Details of address & health status still the same. Foot is better, but still not able to fully exercise. FBM, with MPR + DT around upper body & shoulders/neck. She really enjoys deep pressure. Marion's Rx only.

10/8/17 - Full body massage. Similar treatment as last time, however (L) shoulder (4r). Tonight's Rx was only for her.

14th Sept 18 - Full body massage, shoulders still giving her grief, but not as sore. Foot issue also not fully sorted & avoided the area at her request as it was sore.



inner
blue.

RELAX · INDULGE · ENJOY

Consultation Form - Notes

Name: Mauron Croft

Address: 8 Gibraltar Way, East Port

Notes

24th OCT 17 - Full Body relaxation massage treatment; client reported Lumbar pain from caring for the little one but she is fully aware on how to improve that so she doesn't hurt herself. MPR + DT in Lumbar (LIES) & rest of body relaxation

20/11/17 - Only did Postural Body treatment as she wanted to focus on that; Gluteal area very (D) (be) & explained some exercises (stretching) at the end, targeting gluts & hip flexors.

9th JULY 18 - Long time since saw client last time; They both (Mauron & Glenn) have been travelling, working focusing on everything & "life" got in the way. Today's Rx FBM remedial with DT around Lower leg, gluts, shoulders & neck. No major changes on health status.

6th Aug 18 - Dani & Lea - Dani treated Mauron, Lea treated Glenn. Mauron Rx FBM with focus on his shoulder

still "playing" up every now & again. Going to have extra scans to see what is happening.

27/8/18 - Dani & Lea - Lea massaged Mauron today.



25th Sept 18 - Maruon & Anne (Nahaa) - Dani & Lea today
Lea massaged Nahaa & I treated Maruon. Rx full body
treatment, but spend most of the time on her upper body/
shoulder. Maruon mentioned she might be going through
surgery (arthroscopy for her $\textcircled{R}$ shoulder)

14th NOV 18 - Dani & Lea - Dani treated Maruon today. She
is definitely going to surgery in 10 days. Today's Rx
focus on releasing her upper body tension including
post back, neck / shoulders & ~~neck~~ chest as well. She
will advise when to resume treatments after surgery.

2nd March 19 - ~~Hannah~~ Dani's great, shoulder recovered
well? she only wanted to Pamper herself. Full body massage
w/ focus on her back of body - loves remedial work. Her
2 treatments booked in two weeks

15/3/19 - Dani & Lea - Dani Rx Maruon, Full body treatment
focusing upper body. Shoulder doing well & no major concern
Particular $\textcircled{+}$ spots around Lumb $\textcircled{R}$ & $\textcircled{L}$ shoulder released
w/ MFR.

10th JULY 19 - Maruon only treatment; Glenn is away w/
Gemma (their daughter); Full body massage as she is looking
for some well deserved time out for herself. Today's treatment
full on remedial pretty much full body as per her request.
Major areas worked on gluteal, B & N. She absolutely
enjoyed her treatment.

8th OCT 19 - Maruon & Nahaa (Anne Neller) - Dani massaged

both clients. Anne's notes in her file. Maruon's Rx today
full body w/ remedial only on neck & shoulders, rest of
body relaxation. She recognised it was "too much" last time,
very relaxed at the end. Gemma her daughter was
chatting to me today for the very first time; Absolutely
lovely little girl - she kept saying "Dani, I love you",
"Thank you for helping mummy".

