

Max *6-4-05

28/01/25

Started school today - nervous
- worry
- anticipatory
anx.

Sleep been OK except week
leading up to school start.

After Xmas he initiated sleeping
in own room. Did few
nights but then dropped
back. With drop of nems +
school start. Also 2 sleepovers.

Worried parents will disappear
FEAR BEING ALONE
of ABANDONED.

Off nems - less organised, less
focused, spacey

[Sulph ifc]