

Client History and Consent

Personal Information

Name: Mike Paul Gender: (M/F/X) M Date of Birth: 27/4/66
Address: 23 Lakewood Dr
Phone: 9401 825 131 Email: mikepaul69@hotmail.com
Occupation: Trainer
Emergency Contact: _____ Relationship: _____ Phone: _____
How did you hear about me? Internet

Medical Information

Are you taking any medications? ☐ Yes ☒ No
If yes, please provide details: _____
Do you have any allergies / sensitivities? ☐ Yes ☒ No
If yes, please provide details: _____
Are you pregnant? ☐ Yes ☒ No
If yes, please provide details: _____
Any high risk factors? _____
Do you suffer from chronic pain? ☒ Yes ☐ No
If yes, please explain: Sometimes - lower back
What makes it better? Release muscle
What makes it worse? Exercise, Driving

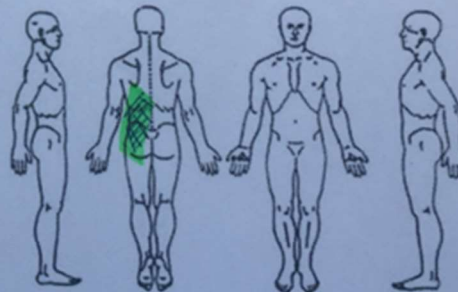
Please indicate any of the following that apply to you:

☐ Headaches/Migraine	☐ Varicose Veins
☐ Numbness/Tingling	☐ Skin Condition
☐ Fibromyalgia	☐ Diabetes
☐ Osteoarthritis	☐ High/Low Blood Pressure
☐ Osteoporosis	☐ Heart Condition
☐ Fracture	☐ Stroke
☐ Joint Replacement(s)	☐ Kidney Dysfunction
☐ Sprains/Bruising/Swelling	☐ Blood Clots
☐ Inflammation	☐ Cancer
☒ Spinal Problems	☐ Infectious Disease
☐ Whiplash	☐ Other

Please provide details for any conditions selected above:

Massage Information

Have you had a professional massage before? ☐ Yes ☒ No
What is the main reason for your visit? Relax, Release muscle
What type of massage are you seeking?
☒ Relaxation ☐ Therapeutic/Deep Tissue
☐ Other: _____
What pressure do you prefer?
☐ Light ☒ Medium ☐ Deep ☐ Unsure
Are there any areas (feet, face, abdomen, etc.) you **do not want** massaged? ☐ Yes ☒ No
Please provide details: _____
What are your goals for this treatment session? Feel better
Please circle any areas of discomfort:



Please turn over

Your Consent

By signing this form, I confirm that I understand:

- Massage therapy involves touch directly on the skin, oil(s) may be used.
- All documentation completed in relation to my treatment will remain confidential to my Therapist.
- My Therapist is not qualified to give a medical diagnosis and does not offer any cure or alternative to medical treatment.
- I may withdraw my consent at any time by written notice to the Therapist.

I have completed this form to the best of my knowledge and stated all my known medical and physical conditions. I understand that whilst massage is generally beneficial, there are some medical conditions which may be contraindicated for massage. I, therefore, acknowledge it is my responsibility to inform my Therapist, prior to the commencement of any future treatment, of any changes to my medical or physical health status.

I consent to the initial and ongoing consultations with the Therapist. I agree that this consent form will remain active for future visits to the Therapist unless I otherwise notify the Therapist in writing.

Client Signature: _____

Date: _____

30/8/22