

## Consultation Form

### Personal Details

Name: JUDITH HAMMOND Address: 4- 37 RIVERLINKS DRIVE CLARKSON  
 Phone: (Home) \_\_\_\_\_ (Mobile): \_\_\_\_\_ Email: Kpjc.hammond@bigpond.com  
 Date of Birth: 20-8-50 Do you know the time of your birth? \_\_\_\_\_ Location: NTA SP HOSPITAL  
 Occupation: RETIRED Hobbies: GOLF + BOWLS  
 Next of Kin/Emergency Contact (Full Name): MELISSA SIMPSON Phone/Email: \_\_\_\_\_

### Health Details:

Initial Reason for Treatment (relaxation, sports injury, muscle soreness etc.): RELAXATION + MUSCLE

Medication in use (for example, steroids, HRT etc.): ASPRIN - ARTHRITIS TABS

Are you Pregnant? N/A or Y/N Due Date NO

### Health Conditions/Symptoms - please tick

High/low blood pressure	<u>NO</u>	Diabetes		Other conditions (Please specify)
Cancer	<u>NO</u>	Epilepsy	<u>NO</u>	
Respiratory conditions	<u>NO</u>	Contagious skin conditions		<u>ECZEMA</u>
Heart Conditions	<u>NO</u>	Recent Pregnancy	<u>NO</u>	
High Cholesterol	<u>NO</u>	Varicose Veins		<u>SOME</u>
Thyroid	<u>NO</u>	Allergies	<u>NO</u>	
Thrombosis/Phlebitis	<u>NO</u>	Poor Circulation	<u>NO</u>	
Digestive problems	<u>NO</u>	Kidney/bladder	<u>NO</u>	
Stress	<u>NO</u>	Arthritis/rheumatism	<u>YES</u>	
Emotional Problems	<u>NO</u>	Menstruation Problems	<u>NO</u>	
Depression	<u>NO</u>	Infertility	<u>NO</u>	
Insomnia	<u>NO</u>	Hormonal Problems	<u>NO</u>	
Migraine/Headaches	<u>NO</u>	Fluid Retention	<u>NO</u>	
Backache	<u>NO</u>	Cellulite	<u>YES</u>	
Other Conditions	<u>-</u>	Overweight	<u>YES</u>	

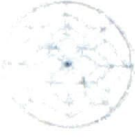
### Lifestyle/Diet - please circle Y/N and describe details, if possible.

Smoking Y/N - how often?	<u>NO</u>	PAST 12HRS (if applicable)	
Exercise Y/N - how often?	<u>4-5 DAYS</u>	Fever	<u>Y/N</u>
Alcohol Y/N - how often?	<u>VERY LITTLE</u>	Diarrhoea	<u>Y/N</u>
Water Y/N - how much per day?	<u>LOTS</u>	Vomiting	<u>Y/N</u>
Tea Y/N how much per day?	<u>SOME</u>	Contagious illness	<u>Y/N</u>
Coffee Y/N - how much per day?	<u>SOME</u>	Under influence drugs/alcohol	<u>Y/N</u>
Vegetarian/Vegan Y/N	<u>NO</u>	Others not mentioned	

### Formal Consent

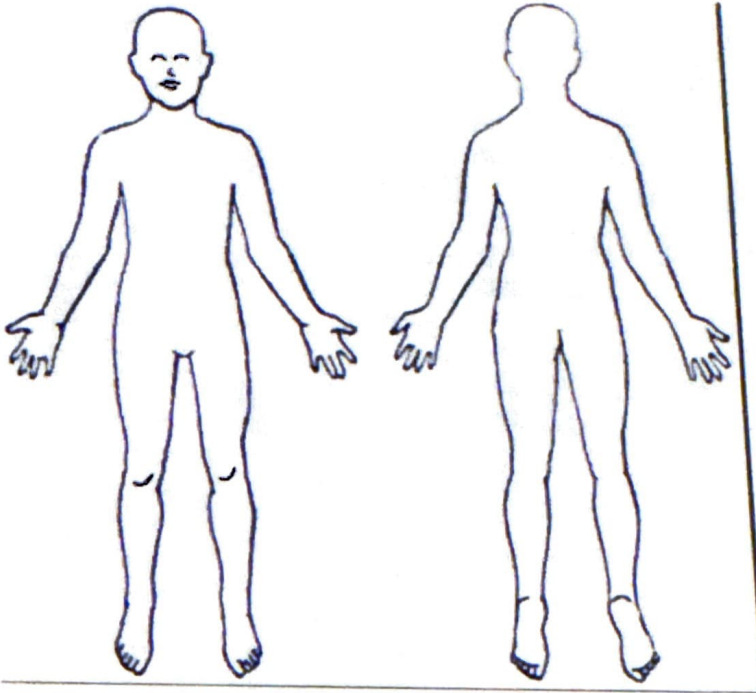
I understand that the services received today, Massage Therapy, Beauty Therapy, I receive is provided for the basic purpose of relaxation, stress reduction and muscular tension and most important pure enjoyment. I further understand that the massage, skin treatment, and any other aspects relating to today's treatment should not be construed as substitute for medical examination, diagnosis, or treatment in any manner. The treatments performed today do not take the place of medical treatment where needed. If you are in doubt, please consult your doctor or physician.

Date: 6/9/19 Name: JUDY HAMMOND Signature: [Signature]



Physical Assessment (Office ONLY)

Main Observations (Office ONLY)



Consultation Form - Notes (Office ONLY)

Name: Judith Hammond Address: Clarkson

6-7-19-6Y-60 min pre relaxation massage focus  
on back & upper arms.