

Ellen - initial

24/02/25

Thyroid ~~low~~ TSH high T3/4 ok
during 1st pregnancy.

Thyroxine for while

A - tri-bosides still very high.

Seeing naturopath during 2nd
preg.

New bloods. (see)  after 2nd
birth 3 months ago.

Natural home births -
all good + feeling good.

 No particular emotional issues
now but before 1st pregnancy
had big emotional trauma for
- termination, relationship
- lost job during Covid.
- stress before moving out
of city.

On pill for yrs then no period
yrs after stopped. ~~At the time~~
~~a bit stopped~~ Dial 3 months
of acupuncture. restarted period.

Period long cycle 30-38 days,
slight irritability - $\pm$ 5 days!

Miscarried before Olive.

Childhood/Teens - parents
split when Ella 3yo. - amicable
- Mom in gay relationship -
travelled a lot as family.
Mom's second partner she
didn't like (high school).
they split up after h/school.

Relationship w. Dad good but
not as close as w. Mom.

fears Disappointing Dad
[vice versa]

[RN vax'd but no CA vax-]

[BCC on chest - biopsy]
→ see pic.

± Iguts Oct Chew ^v on ~~lower~~ lips
inside (mostly lower)