

Mikyla . Pay on \$105. 4.7.24.
Collection.

14 yrs . Started 12 yrs . Started light & brown.

13 yrs . Bad cramp - couldn't move .

Sharp pain even lying down .

Nausea & vomiting 1 day every cycle .

Not finished cycle . 4-5 days . Heavy .

Pads every . 2 & first day > heat pads .

Cramp before it starts sometimes .

Comes on irregular & heavy .

deep red , brown @ end .

stay still < movement .

Feel frustrated & angry during . Sometimes before - pms .

Sleep fine but cramps. can't stop sleeping .

Diarrhoea . Not anxious .

Mum endo . @ 16 yrs .

pit-u-p.
dysmenor- @ beginning - STPH, calc, cat-h, lach
flow > clinic .

young girls - qis, calc-p.

warmth & ars, mag-p, nux-m, sabin .

Prescription Schedule: Mikyla Leo

Round: P.O. Date: 4/7/24

Treatment Focus NOW:

NEXT:

FUTURE:

[illegible]