

(nearly 15 y) Nikayla Leo
— initial

3/3/25

Pain bit better on meds but
still bad enough to come home.

⊛ One ear bright red when unwell.

Cramping > heat.

No appetite — nausea/gueezy.

Lower + cervical back ache.

Shooting pain across lower abdomen
↳ Sharp pain — constant.

Sm level in morning build
~~up~~ throughout day.

Pain < 1st + 2nd day of flow.

BM/Stool. ok but anus aches during
period w. slightly loose stool.

5-10 pieces 2-3/period.
Menses — gobs now and again.
— darker brown then
black end of flow.
— dark red to start.

Moodily ^{frustrated} in patient — cry w. anger.

Mom — history of endometriosis.

Gen. very busy mind — [journal h/w].