

## **SHOPPING LIST**

## **New Supplements**

Bittersweet Elixir | \$17.09

Anxiety Drops | \$17.99

Womens Phase I | \$33.69

ProbioMed Women | \$44.99

## Optional:

Breast Care Balm (For lymphatic massage all over body) | FullScript

Protein Mindful Matcha | iherb

Digestive Seed Blend (topping for yogurt) | iherb

Protein Bars | iherb

Protein Puffs | iherb

## How to purchase?

- 1. Purchase through <u>FullScript</u>. website patient portal (shipping fees may apply). This will be setup by the practitioner and you will receive an email to sign up.
- 2. Optional items available through the included links to iherb or other.