



SHOPPING LIST

New Supplements

Garlic Synergy | \$39.96 | [Vital.ly](#)

Kali Phos | \$10.48 | [Vital.ly](#)

OxyGuard | \$49.54 | [Vital.ly](#)

Ubiquinol | \$130.96 | [Vital.ly](#)

Optional:

Paleo Fibre | \$53.16 | [Vital.ly](#)

LSA | [Royal Nut Company](#)

Dr. Murray's, Ideal Sea Salt | [iherb](#)

How to purchase?

Let me know which option you would like to proceed with by replying to this email.

1. Purchase through [Vital.ly](#) website patient portal (shipping fees may apply). This will be setup by the practitioner if you choose this option.