

⑥ buks
Njercha de Koot ~~⑥~~ Xero. 24/3/25

⑥ Missed runs often ~~⑥~~ some
migraines this round (x3)
② migraine support
⑥ R + 000CMJ.

⑥ Support for ~~marina~~ removal.

⑥ ~~Cramping~~ more this round
② pld ~~ing~~ marina out 17/4.
No consolidation on HPV detox

Was quite sick w. cold for 2 wks

② We concentrated to left
but across broad area
② bendy fwd.

⑥ Period Support. ⑥ Migraine
Supp

Itching still good ✓.

⑥ [Migraine related to cramping]
② hormonal balance

Start Rnd 2 → 24/2

25th - cramping started

2nd/3 - mighL side

12th/3 - mighR side

⑥ Cramping ← on tems possibly.

⑥ poss fibroid / lining to drain out.