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A: PO Box 442 Ashburton VIC 3142

Date of Birth : 09-Sep-1949

Sex : F

Collected : 16-Jun-2016

34 PLATEAU PARADE

BRAY PARK QLD 4500

Lab id: **3433559** UR# :

REWIND HEALTH AND WELLNESS

UNIT 1/39 WAGAWN STREET

TUGUN QLD 4224

INTEGRATIVE MEDICINE

URINE, SPOT

Urine - Specific Gravity

Result

1.015

Range

1.000 - 1.030

Units

**Mauve Factor (HPL)****0.05**

units

Kryptopyrroles (ug/dL)**6.25**

ug/dL

Mauve Factor HPL (Normalised)**6.25**

0.00 - 10.00

ug/dL





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Mauve/Kryptopyrroles Comment

A specific gravity greater than 1.035 is consistent with frank dehydration.

Raised specific gravity: dehydration, diarrhea, excessive sweating, vomiting, water restriction, glucosuria, heart failure (related to decreased blood flow to the kidneys), renal arterial stenosis, adrenal insufficiency, nephrosis, congestive cardiac-failure, liver disease.

Reduced specific gravity: excess fluid intake, diabetes insipidus - central or nephrogenic, certain renal (kidney) diseases, renal (kidney) failure (i.e., loss of ability to reabsorb water), diabetes mellitus, pyelonephritis

ABOVE AVERAGE MAUVE FACTOR LEVEL:

Suggest the following actions:

If clinical symptoms suggest a high-Mauve status treat as follows:

Long-term supplementation with vitamin B6 and zinc is usually required

- * Initial doses may be higher than maintenance doses
- * Higher levels of zinc may be required during growth spurts
- * Higher levels of zinc and vitamin B6/P5P may be required during high stress situations [3]

* Ensure copper and manganese levels are optimal as these minerals are often decreased during zinc supplementation. Be aware however that copper supplementation may exacerbate symptoms in some high-Mauve patients.

Repeat Testing and ensure the Following Conditions are followed:

- * Collect the second urine void of the day
- * Ensure the patient remains off all supplements for 2-7 days
- * Collect the sample during a stressful period of life

MAUVE FACTOR & KRYPTOPYRROLES

The 'MAUVE FACTOR' (also known as hydroxyhemopyrrolin-2-one (HPL), Kryptopyrrole and Urinary Pyrrole) is a neurotoxic substance found in high levels in depression and other mental health disorders. Elevated levels of Mauve Factor are associated with deficiencies in vitamin B6 and zinc. Treating the condition with supplementation of these nutrients (vitamin B6 and zinc) results in symptom resolution, as well as lowering the Mauve Factor levels.

The origin of Mauve Factor is currently not known. It is however understood that it is induced through increased physiological and psychological stress. Elevated Mauve Factor levels may also be related with biotin deficiency, increased intestinal permeability, essential fatty acid imbalances and high oxidative stress.

Review levels 8-10 weeks post supplementation.

KRYPTOPYRROLE is the Pfeiffer Centre's name for the neurotoxic compound and has been referred to as this for more than 20 years. It has only recently come to the attention of those involved in this area of research that the term 'kryptopyrrole' is scientifically inaccurate.

References:

- [1]. McGinnis, W.R., et al., Discerning the Mauve Factor. In Press, 2007.
- [2]. Pfeiffer, C.C. and V. Iliev, Pyroluria, urinary mauve factor, cases double deficiency of B6 and zinc in schizophrenics. Fed Am Soc Exp Biol, 1973. 32: p. 276.
- [3]. McCabe, D.L., Kryptopyrroles. Journal of Orthomolecular Psychiatry, 1983. 12: p. 2-18.
- [4]. Pfeiffer, C.C., A. Sohler, and E.H. Jenney, Treatment of pyroluric schizophrenia (malvaria) with large doses of pyridoxine and a dietary supplement of zinc. Journal of Applied Nutrition, 1974. 26: p. 21-28.
- [5]. Pfeiffer, C.C. and P. Holford, Mental Illness and Schizophrenia: the Nutritional



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Connection.

CONVERSION FACTOR (From Mauve Factor units to Pfeiffer Kryptopyrroles units)

For practitioner convenience, the reporting of both the units as Absorbance Units and the approximate equivalent in ug/dl (for Pfeiffer Centre trained practitioners).

PLEASE NOTE:

The correct units for Mauve Factor are Absorbance Units (Ref Range: 0.0 – 0.08 units).

The correct units for Pfeiffer Centre Kryptopyrrole are ug/dL (Ref Range 0.0 – 10.00 ug/dL).