

Report For: Jennifer Segail

D.O.B: 14/09/65

Test Date: 06/05/23 12:52

Practitioner: Metascreen

Cindi Young

1/64 McGoughans Lane

Mullumbimby

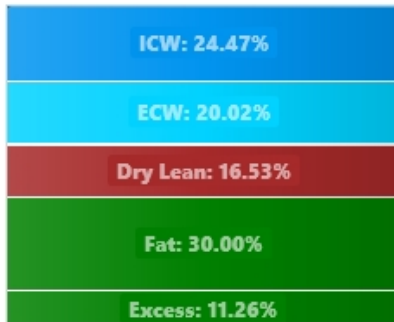
NSW 2482

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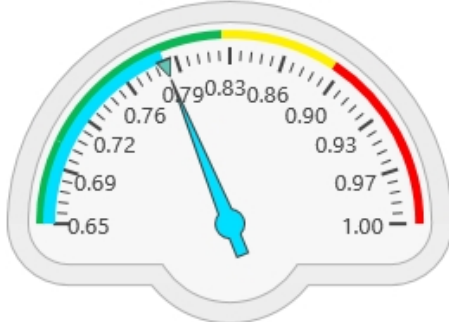
Body composition



3rd Space Water -2.28%

Prediction marker 0.782

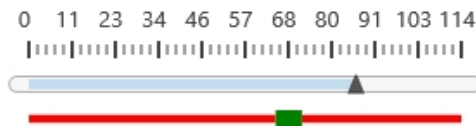
Normal: 0.700 - 0.820



Caution: Not to be used as diagnostic indicator.

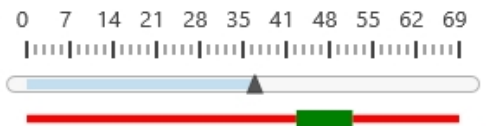
Total body weight 86.2 kg

Normal 65.0 kg - 72.0 kg



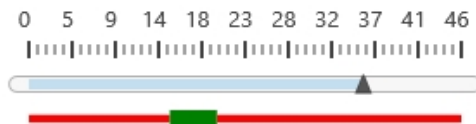
Total body water 36.4 L

Normal 43.0 L - 52.0 L

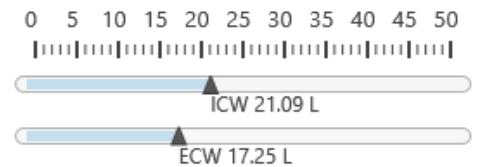


Body fat mass 35.6 kg

Normal 15.0 kg - 20.0 kg

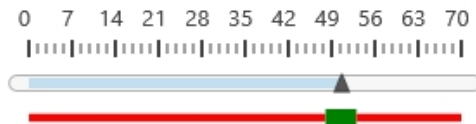


Intracellular/Extracellular water (L)

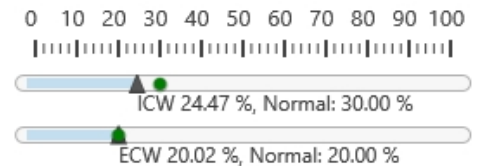


Lean mass 50.6 kg

Normal 48.0 kg - 53.0 kg



Intracellular/Extracellular water (%)



Measurements:

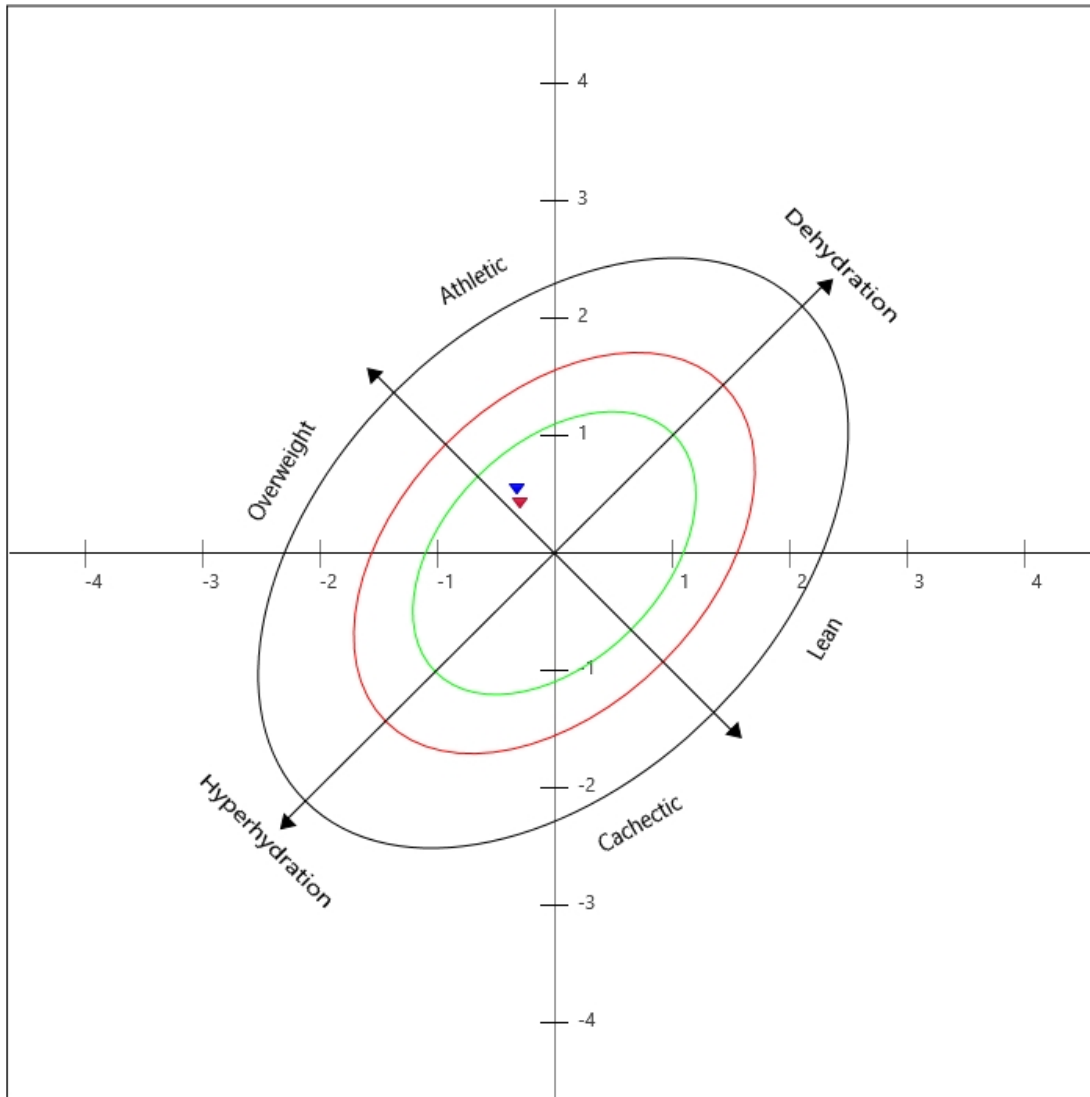
Impedance at 50khz: 623
Resistance at 50khz: 620
Reactance at 50khz: 66.5
Height (cm): 176
Waist (cm): 93

Impedance at 5khz: 720
Impedance at 100khz: 592
Impedance at 200khz: 563
Hip (cm): 107
Activity level: Very Low
Regression: 1. Quadscan Equation

Phase Angle: 6.10

Comments:

Z-graph



- 95% tolerance
- 75% tolerance
- 50% tolerance
- ▲ Subject's history

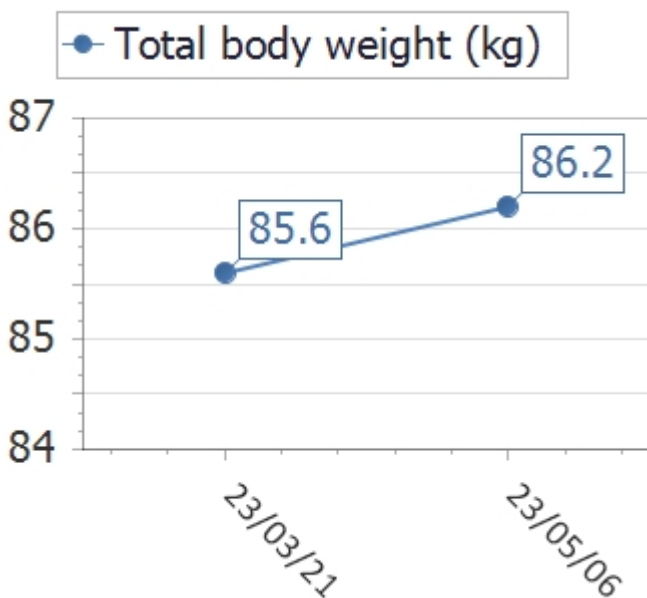
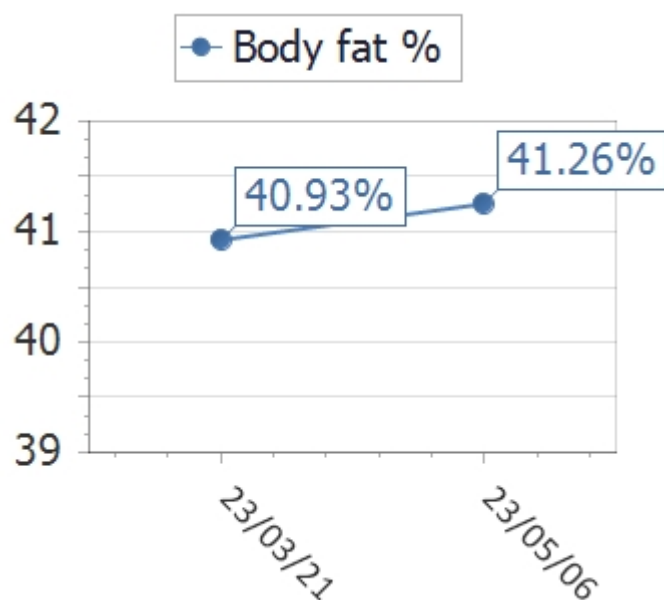
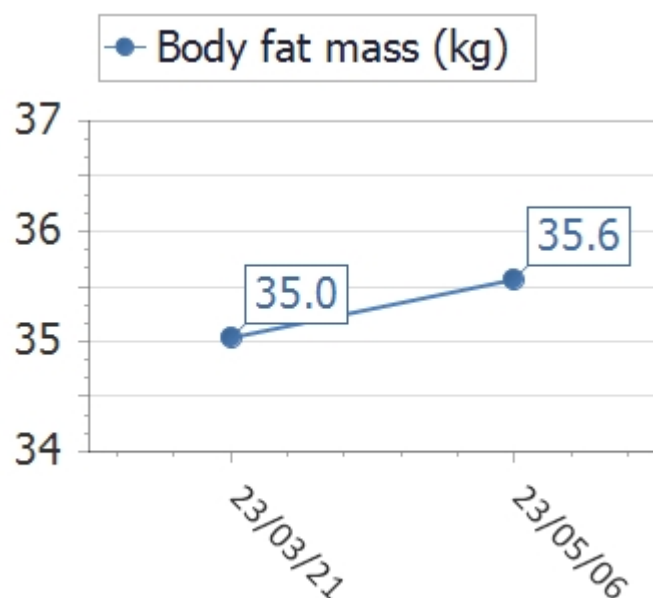
Current test values
 R/H: 352.27
 Xc/H: 37.78
 Vector Length: 354.29
 Phase Angle: 6.1

Current Test Results					Historical Changes		
<i>Parameter</i>	<i>Measured/ Calculated</i>	<i>Normal</i>	<i>Measured %</i>	<i>Normal %</i>	<i>6 Weeks since first test 21-03-23</i>	<i>Variance</i>	<i>Variance %</i>
Total body weight	86.2 kg	65 - 72 kg			85.6 kg	0.6 kg	0.7%
Body fat mass	35.6 kg	15 - 20 kg	41.26 %	22 % - 30 %	35.0 kg	0.5 kg	1.5%
Lean mass	50.6 kg	48 - 53 kg	58.74 %	70 % - 78 %	50.6 kg	0.1 kg	0.1%
Dry lean mass	14.2 kg		16.53 %		14.2 kg	0.0 kg	0.2%
Body cell mass	30.1 kg				30.2 kg	-0.1 kg	-0.2%
Total body water	36.4 L	43 - 52 L	42.21 %	50 % - 60 %	36.3 L	0.0 L	0.1%
Extracellular water	17.25 L		20.02 %	20 %	17.19 L	0.06 L	0.36%
Intracellular water	21.09 L		24.47 %	30 %	21.14 L	-0.04 L	-0.21%
3rd space water	-1.97 L				0.00 L	0.00 L	0.00%
Prediction marker	0.782	0.700 - 0.820			0.774	0.0	1.0%
Nutrition index	0.45	0.40			0.45	0.00	0.3%
Phase angle	6.10				6.30	-0.20	-3.28%
BMI	27.8	20 - 25			27.6	0.2	0.7%
BFMI	11.5	5 - 6			11.3	0.2	1.5%
FFMI	16.3	15 - 17			16.3 kg	0.0 kg	0.1%
Basal metabolic	1546 kcal/day				1545 kcal/day	1 kcal/day	0%
Activity metabolic	2164 kcal/day				2163 kcal/day	2 kcal/day	0%
Height	176 cm				176 cm	0 cm	0%
Waist	93 cm				95 cm	-2 cm	-2%
Hip	107 cm				110 cm	-3 cm	-3%
Waist/Hip ratio	0.87	0.80			0.86		

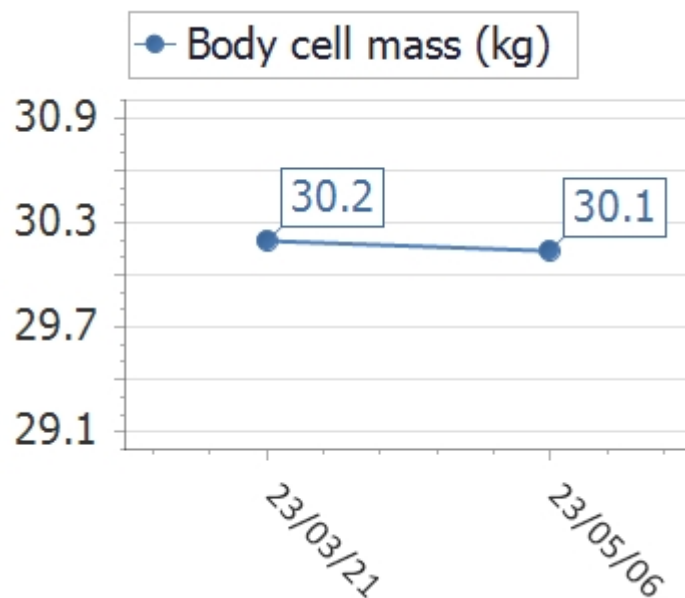
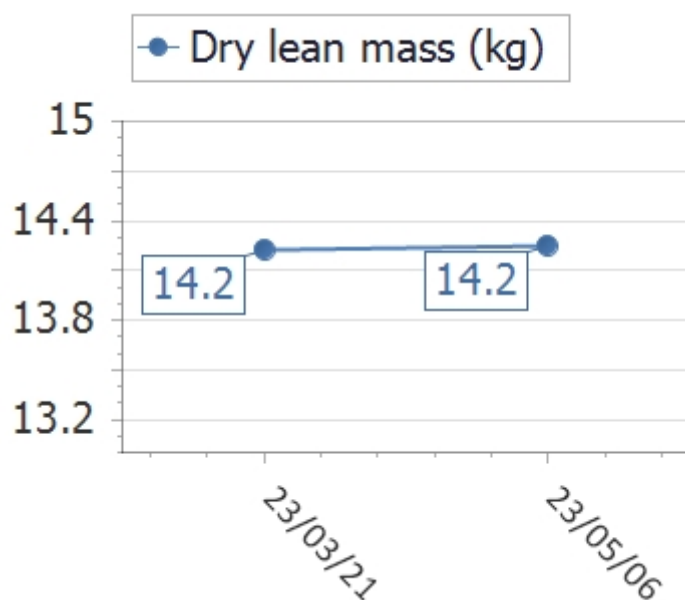
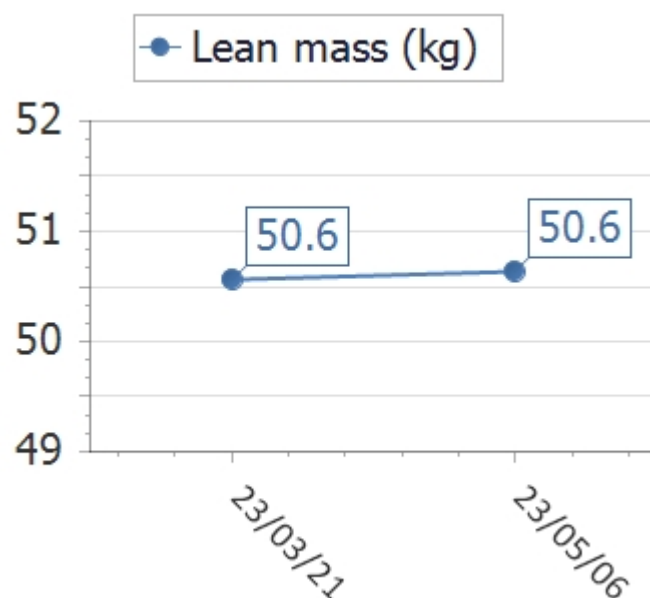
Patient History:

Test Date	Weight (kg)	Lean (kg)	Fat (kg)	Fat (%)	BCM (kg)	Dry Lean (kg)	TBW (L)	ECW (L)	ICW (L)	Phase Angle	PM*	NI**
06/05/23	86.2	50.6	35.6	41.26	30.1	14.2	36.4	17.25	21.09	6.10	.782	.45
21/03/23	85.6	50.6	35.0	40.93	30.2	14.2	36.3	17.19	21.14	6.30	.774	.45

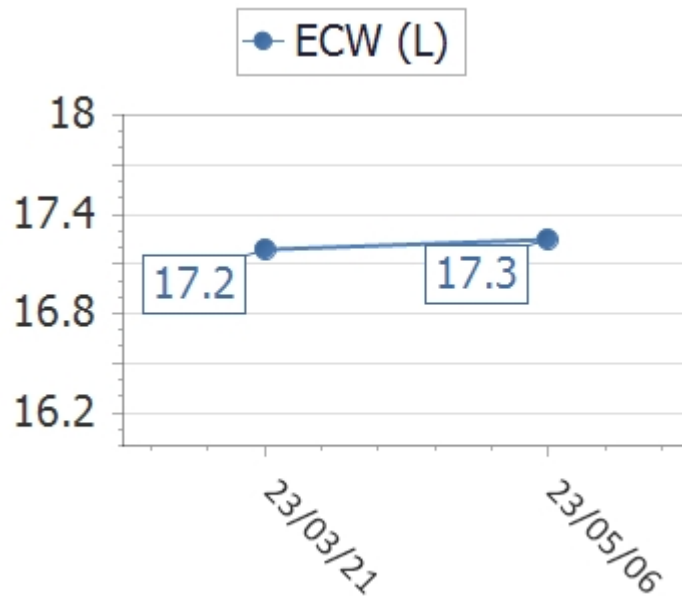
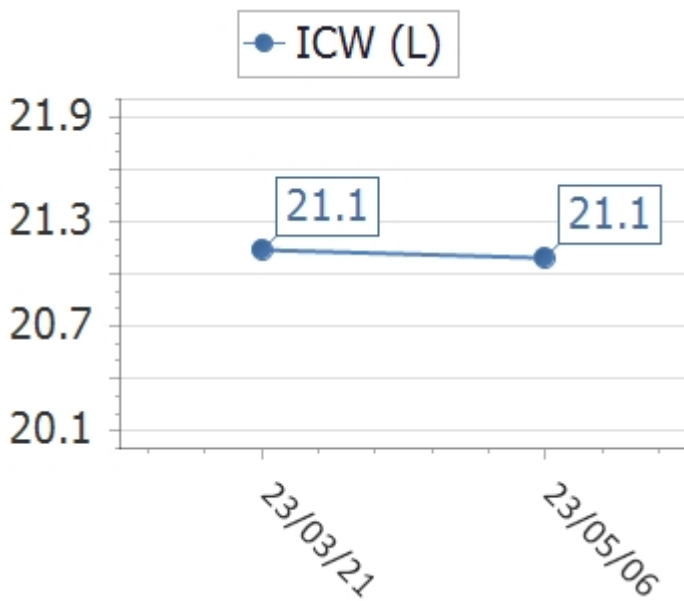
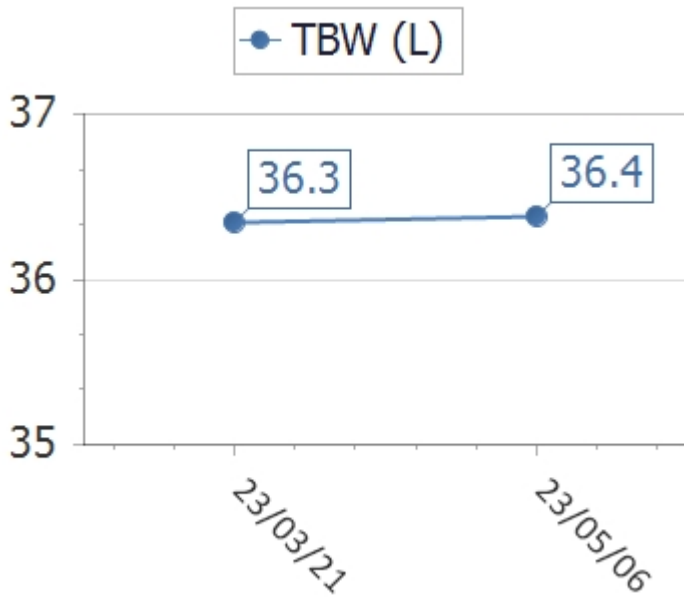
Fat & Weight Trend



Mass Trend



Fluid Trend



Nutrition Trend

