

Hyde and Partners Medical Centre

1 Light Square

Gawler SA 5118

Phone: (08) 8522 3444

Fax: (08) 8523 1110

HealthLink EDI: hydeptnr

Thursday, 13th February 2025

Dear Massage therapist,

R.e. Mrs Janet Ahrens DoB 05/10/1963

PO Box 1183 Gawler Home: 0466061008 Mobile: 0466061008

Will you please assess and provide ongoing treatment for Mrs Janet Ahrens? Please would you see Janet for massage therapy. She has a chronic W/C injury. Thanks very much.

Past History:

	Right Metacarpal Fracture-5th	
	RADIOFREQUENCY NEUROTOMY	
	Right Gastrocnemius Tear	
	Asthma	
	Depression/Anxiety	
	Sinusitis	
	Cholecystectomy	
	Right Forearm Fracture	
	Back injury	
1996	Laparoscopic cholecystectomy	
1999	L 4/5 Disc Annular Bulge L5 Facet Oa	
2004	Anxiety/Depression	Comments: post MVA
2004	PAIN - BACK - LUMBO-SACRAL	Comments: seeing Dr Russo, had nerve ablation
11/09/2014	Migraine	
2015	C5 DISC PROLAPSE	
2016	Right Neuropathic pain	
03/08/2017	Right SHOULDER, ARM, HAND PAIN	
12/2017	T1 EPIDURAL BLOCK	
2018	C5/6 DECOMPRESSION AND ARTHROPLASTY	
03/07/2018	Vertigo, benign positional	
03/10/2018	Hypertension	
08/08/2019	NORMAL COLONOSCOPY	
02/09/2019	Lumbar back pain	
11/03/2020	Mirena insertion	and D and C.
03/09/2020	Right Subacromial decompression	
14/07/2022	Hypertension	
06/09/2022	Chronic pain	
08/2023	Rhizolysis right c6/7+t1	Dr Green

Allergies: Nil known.

Comments: ~~history of prostate cancer, Stann Discount Chemist, Cardiff~~

Current Medications:

Baclofen 10mg Tablet	1-2 In the evening.
Escitalopram 20mg Tablet	1½ In the evening.
Lignocaine 700 mg Dermal patch	1 Patch Daily.
Nortriptyline 25mg Tablet	1 Tablet Before bed.
Perindopril 10mg Tablet	1 Tablet In the evening.
Tapentadol 50mg Immediate release tablets	1 Tablet Four times a day p.r.n.
Topiramate 50mg Tablet	1 Tablet In the evening.
Varenapix 1mg Tablets	Take Daily As directed.

Please advise referring clinician if patient does not attend appointment.

Yours sincerely,



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Dr Kendra Powell MB CHB, 2054809Y