

## Massage Intake Form

### Personal Information

Name Bron Waters Phone (day) 0448888183 (evening) \_\_\_\_\_  
Address Moore Cl City/State/Zip Fern NSW DOB 25/09/71  
Occupation Manager Employer \_\_\_\_\_  
Email \_\_\_\_\_ Primary Physician \_\_\_\_\_  
Emergency Contact Dale Waters Relationship \_\_\_\_\_ Phone 0427713856  
How did you hear about us? \_\_\_\_\_

### Medical Information

Are you taking any medications? ☐ yes ☒ no  
If yes, please list name and use: \_\_\_\_\_  
Are you currently pregnant? ☐ yes ☒ no  
If yes, how far along? \_\_\_\_\_  
Any high risk factors? \_\_\_\_\_  
Do you suffer from chronic pain? ☒ yes ☐ no  
If yes, please explain lower back - right hip  
What makes it better? massage  
What makes it worse? bending over for periods  
Have you had any orthopedic injuries? ☐ yes ☒ no  
If yes, please list: \_\_\_\_\_  
Please indicate any of the following that apply to you.

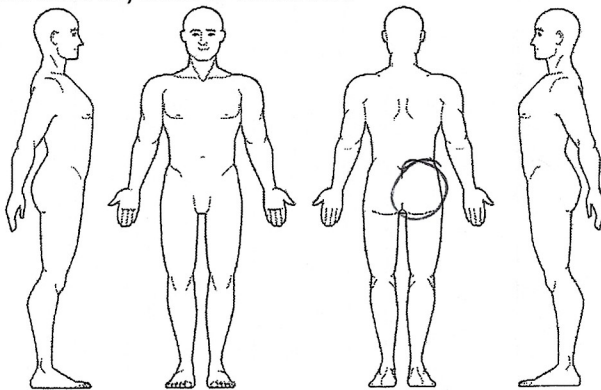
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|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

### Massage Information

Have you had a professional massage before? ☒ yes ☐ no  
What type of massage are you seeking?  
☐ Relaxation ☒ Therapeutic/Deep Tissue  
Other \_\_\_\_\_  
What pressure do you prefer?  
☐ Light ☒ Medium ☐ Deep  
Do you have any allergies or sensitivities? ☐ yes ☒ no  
Please explain \_\_\_\_\_  
Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☒ no  
Please explain \_\_\_\_\_  
What are your goals for this treatment session?  
\_\_\_\_\_

Please circle any areas of discomfort



By signing below, you agree to the following.

I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature [Signature] Date 14/12/23

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_