

# Massage Intake Form

## Personal Information

Name Stephanie Allison Phone (day) 0428 922581 (evening) \_\_\_\_\_  
Address 14 Villavette Ave Narrabin City/State/Zip NSW 2390 DOB 1-11-86  
Occupation Rural Retailer Employer Narrabin Farm Centre owner  
Email steffililliebridge@outlook.com Primary Physician DR Delini  
Emergency Contact Brett Allison Relationship Husband Phone 0400421032  
How did you hear about us? FB

## Medical Information

Are you taking any medications? ☒ yes ☐ no  
If yes, please list name and use: Pill, Talam  
Are you currently pregnant? ☐ yes ☒ no  
If yes, how far along? \_\_\_\_\_  
Any high risk factors? \_\_\_\_\_  
Do you suffer from chronic pain? ☐ yes ☒ no  
If yes, please explain \_\_\_\_\_  
What makes it better? \_\_\_\_\_  
What makes it worse? \_\_\_\_\_  
Have you had any orthopedic injuries? ☒ yes ☐ no  
If yes, please list: ① Knee ② Ankle  
Please indicate any of the following that apply to you.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Massage Information

Have you had a professional massage before? ☒ yes ☐ no

What type of massage are you seeking?

- ☐ Relaxation ☐ Therapeutic/Deep Tissue

Other both

What pressure do you prefer?

- ☐ Light ☒ Medium ☒ Deep

Do you have any allergies or sensitivities? ☒ yes ☐ no

Please explain Shellfish Allergies

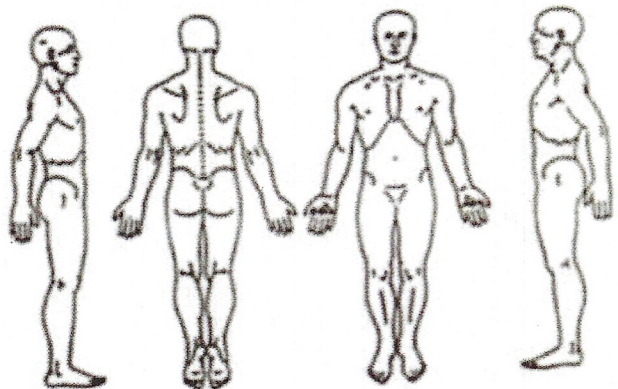
Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☒ no

Please explain \_\_\_\_\_

What are your goals for this treatment session?

Relaxation + feeling better

Please circle any areas of discomfort



By signing below you agree to the following.

I have completed this form to the best of my ability and knowledge and agree to inform my therapist if any of the above information changes at any time.

Client Signature Stephanie Allison Date 16/8/24

Therapist Signature [Signature] Date 16/8/24